

PARANORMAL UNDERGROUND®

Volume 12, Issue 5

May 2019

WITHOUT LIMITS

Adam "Glider" Bonnett

7 SPIRITS HAUNT

NEW ORLEANS
CEMETERY

THE VANISHING BOOK PHENOMENON

6 GHOSTLY LEGENDS

FROM THE PHILIPPINES

Glider

The Ufology UMBRELLA

ALSO INSIDE:

A VERY CLOSE ALIEN ENCOUNTER

MOON MAGIC: 5 STEPS TO EMBRACING YOUR EMOTIONS

TALES FOR THE CAMP FIRE: A CHARITY ANTHOLOGY

DAILY SINGING BOWL MEDITATION



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A Charity Anthology
Benefitting Wildfire Relief

Editor: Loren Rhoads



TALES FOR THE CAMP FIRE

A CHARITY ANTHOLOGY BENEFITTING WILDFIRE RELIEF

In November 2018, fire broke out on Camp Creek Road and raced through Butte County, California. By the time the fire was extinguished, the town of Paradise was gone, nearly 100 people died, and damage ran to an estimated \$16 billion. The horror writers of Northern California rallied to raise money for the survivors.

Through these pages roam werewolves, serial killers, a handful of ghosts, plenty of zombies, Cthulhu cultists, mad scientists, a pair of conjoined twins, and a messed-up post-apocalyptic cookbook.

All profits will be donated to Camp Fire relief and recovery efforts.

About the Editor

Loren Rhoads served as editor for Bram Stoker Award-nominated *Morbid Curiosity* magazine as well as the books *The Haunted Mansion Project: Year Two*, *Death's Garden: Relationship with Cemeteries*, and *Morbid Curiosity Cures the Blues: True Tales of the Unsavory, Unwise, Unorthodox, and Unusual*. Her short stories have appeared in the *Best New Horror #27*, *Strange California*, *Sins of the Sirens: Fourteen Tales of Desire*, *Fright Mare: Women Write Horror*, and most recently in *Weirdbook*, *Occult Detective Quarterly*, and *Space & Time*.

Reviews

"A brilliant editor and author, Rhoads skillfully weaves together a collection of new and old yarns to create an exemplary tapestry of horror literature that will spook fans of the genre for years to come."

—**Moaner T. Lawrence**, author of "The Great American Nightmare"

"[A] brilliant collection of truly creepy tales by horror's hottest voices! Dark, funny, heartbreaking, and bizarre. Highly recommended!"

—**Jonathan Maberry**, New York Times bestselling author of *V-Wars* and *Glimpse*

Media Opportunities

- Various authors are available to interview and for readings at libraries, in bookstores, and online
- Media kit and eBook review copies available online
- Bookmarks available

For media inquiries, contact Tomes & Coffee Press at talesforthecampfire@gmail.com

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STEPHANIE ALMAZAN

Stephanie is inexplicably drawn to the dark corners of the mind but usually scares herself silly in the process. She is an experienced NYC-area freelance writer and editor who also specializes in music and women's lifestyle.

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KAREN FRAZIER

Karen is a psychic medium and author. Her published paranormal books include *Higher Vibes Toolbox: Vibrational Healing for an Empowered Life*, *Dark of Night in the Light of Day: The Art of Interpreting Your Dreams*, and *Avalanche of Spirits: The Ghosts of Wellington*.

Karen holds a bachelor's and master's in metaphysical science from the University of Metaphysics and a Ph.D. in metaphysical parapsychology from the University of Sedona. She is an ordained minister/metaphysical practitioner with the International Metaphysical Ministry and a Usui Reiki Master/Teacher. She has completed courses in energy healing, including quantum touch, crystal healing, sound healing, and aromatherapy.

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WILLIE WINDWALKER GIBSON

Willie is a shaman and supernatural consultant. He works by himself, as well as with his wife, Schmon. He belongs to the Paranormal Clergy and Dominion Ministries. Willie is the author of two books detailing his 50-year journey in the paranormal, *The Shaman Windwalker* and *Soul Warriors*.

Willie has appeared on A&E's *Cursed: The Bell Witch* and CMT's *Most Shocking Ghosts*. He also hosted his own public access show in Louisville, Kentucky, for 12 years, called *Spiritual Gifts and Wonders*. In addition, he has his own group of sensitives, called Soul Warriors, who are based across the U.S.



JASON GLEAVES

A native of Liverpool, England, Jason served time in the Royal Air Force and at the British Aerospace Airbus division. He earned BTEC National Diplomas in computer aided drafting in engineering; carpentry and joinery; and aircraft finishing, electrostatic/powder coating techniques. He has extensive expertise in modern civilian and military worldwide aircraft/armaments recognition and visualization.

He has conducted photographic/image/video-footage



analysis of UFOs and associated anomalies (UAPs) for many ufologists worldwide, using the latest updated imagery/computer science technology and software available.

<https://www.facebook.com/Ufonly/>

CHERYL KNIGHT-WILSON

Cheryl is co-creator and editor-in-chief of *Paranormal Underground* magazine and producer of *Paranormal Underground Radio*. She has more than 25 years of experience as a professional writer and editor and has published hundreds of articles on topics ranging from advanced technology to paranormal investigation.

Cheryl's previous magazine experience includes roles as senior and managing editor for several niche publications.

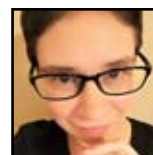
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MORGAN LINEBERRY

Morgan is a graduate from the University of North Carolina in Greensboro where she obtained a bachelor's degree in English. She loves to write and maintains a healthy fascination with all things paranormal thanks to experiences with the unexplained that she has experienced throughout her life.

Morgan knows a little bit about a lot of paranormal topics from research she has conducted. She pledges to keep you up to date about things that go bump in the night via *Paranormal Underground's* monthly news column.



ANTONY MILNE

Antony is the author of 10 books covering a wide range of scientific subjects. He has worked as a research fellow for NATO's Scientific Affairs Division, which resulted in his first book, *Noise Pollution*. He is also an associate member of Spaceguard UK. Antony's book titles include *Doomsday* and *Sky Static*.

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Athena is the founder and CEO of SageGod-Adess.com, a source of sacred tools and metaphysical education. She earned a doctorate from the University of Southern California in educational leadership and has 15 years of experience as a professor, corporate trainer and consultant, and educator. Athena's metaphysical experience spans more than 30 years and includes expertise in gemology, astrology, tarot, aromatherapy, reiki, and herbal medicine.

Through her writing, online courses, and material of-



ferings, Athena helps others cultivate and maintain sacred space in their lives for peace, healing, and abundance. Her guiding philosophy is that those who develop and maintain a consistent and sustainable spiritual practice — one that aligns with their own cultural values and spiritual beliefs — will enjoy a longer, healthier, and happier life.

<https://www.sagegoddess.com/>

MICHELLE M. PILLOW

Michelle is a *New York Times* and *USA Today* bestselling author writing in many fiction genres, including the Dragon-Shifter series *Dragon Lords* and *Captured by a Dragon-Shifter* and the mischievously magical *Warlocks MacGregor*. A skeptical believer, she has a fascination with anything paranormal.

Michelle loves to travel and try new things, whether it's a paranormal investigation of an old Vaudeville theater or climbing Mayan temples in Belize. She has a BGS in history/business with an English minor and a photography degree. She is the co-owner of www.TheRavenBooks.com.

<http://michellepillow.com/>



CHAD SCHIMKE

Chad is the author of the horror novels *Vivified*, *Behind the Walls*, *Picker*, *Weirder*, *Hallowseve*, and *Midwinter*. He is the founding member of the Alabama Street Writer's Group in San Francisco, which has been meeting since July 2012. He has authored writing reference articles for Grammarly.com and CloudReviews.com.

Chad earned three advanced degrees from the College of Santa Fe and San Francisco State University. You can often find him at a gallery opening in the San Francisco art scene.

<https://chadschimke.blogspot.com/>



PHILIP SHEPHERDSON

Philip is a retired pharmaceutical technician and civil servant. He is also a keen amateur astronomer, who once made a telescope out of baked bean cans, coat hanger wire, and glass blanks that he ground and polished. It now sits in the Science Museum, close to Isaac Newton's telescope. Philip is the author of *EarthZoo*, a mystery novel.

In February 24, 1979, in Crayke, North Yorkshire, England, Phil saw a UFO. He was riding his motorcycle along twisting country lanes when he spotted a black triangular-shaped craft hovering in the corner of a field.

<https://www.amazon.com/Earthzoo-Philip-Shepherdson/dp/0993005306>



MARIA ANNA VAN DRIEL

Maria Anna is an investigative journalist, columnist, author, radio correspondent, and theoretical physicist with a master's degree in ancient alchemy and bachelor's degree in metaphysics. Her interests include mythology, medieval and pre-Egyptian symbolism, and quantum, optical, particle, and astroparticle physics, among others.

As the founder and owner of *The Next Truth Magazine*, Maria Anna profiles open-minded scientists and non-scientists who combine accepted science and the still-unexplained events in life within their work and research.

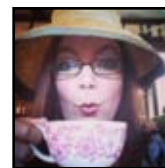
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KRISTEN WHEELER

As a creative writer and artist for Ghost City Tours, Kristen has the opportunity to blend her creative soul with her love of local history, folklore, and the paranormal. She tells stories both imagined and genuine, fanciful and authentic ... from the Axeman of New Orleans, to her own haunting experiences throughout her travels, to historical fiction, and to the tales of timeworn southern antebellum plantation homes.

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CHAD WILSON

A freelance writer, Chad is co-creator and publisher of *Paranormal Underground* magazine and co-producer of *Paranormal Underground Radio*. His interest in the paranormal led to the creation of www.ParanormalUnderground.net.

Chad has investigated with East Tennessee Paranormal Research Society and counts Waverly Hills Sanatorium, the Villisca Axe Murder House, Bobby Mackey's Music World, the Queen Mary, Queen Anne Hotel, Hotel Alex Johnson, and private residences among his investigations.

<https://paranormalunderground.net/> ♦



Have You Had a Paranormal Encounter You'd Like to Share?

If you've had a paranormal encounter and would like to share it with our readers, email us at paranormalunderground@live.com. Tell us about your experience, and we may publish it in a future issue.

We are looking for encounters with all types of paranormal phenomena, including experiences with ghosts, cryptids, UFOs/ETs, the spirit realm, etc. Your submission can be anonymous!



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THE CASE FOR UFOs: Stanton Friedman Leaves Behind a Lasting Legacy

This past month, the paranormal community lost one of its great investigators, Stanton T. Friedman. A nuclear physicist and professional UFO investigator, Friedman was best known for his investigation of the Roswell UFO incident. First and foremost a scientist, Friedman was a big supporter of the theory of alien visitations to our planet and, in fact, hypothesized that they might originate from nearby stars.



Chad Wilson,
Publisher

Are We Being Visited by Aliens?

According to Friedman, he never considered himself an “apologist ufologist,” as he wasn’t making an argument for a case in support of the existence of UFOs, but was instead stating simple facts in his case for their existence. In fact, he always seemed to have a compelling answer to any questions that UFO skeptics threw his way.

Where Do Aliens Come From?

One of the main pieces of evidence that Friedman used for his belief that extraterrestrials are visiting Earth from nearby stars was a starmap drawn by an alleged alien abductee named Betty Hill. She claimed that the map was shown to her during her abduction, and she produced the map during a hypnosis session.

According to astronomer Marjorie Fish, who did a 3D reconstruction

of the map, the map is from the perspective of Zeta Reticuli, which is only a mere 39 light years away (a relatively short distance in terms of space) and is one of the stars that Friedman thinks alien life visited our planet from.

Friedman's Impact on the Case for UFOs

Friedman brought a sense of scientific validity to the argument that aliens have and continue to visit our world. He has appeared on countless TV shows, radio programs, and podcasts talking about

his beliefs in the existence of ETs. He has even given a series of lectures at numerous colleges and to a variety of professional groups across the U.S. and around the world on the subject.

Friedman was the very first guest on our podcast, *Paranormal Underground Radio*, in 2009, and he later joined us for lively discussions in 2013 and 2016. His knowledge of ufology was impressive, his theories were compelling, he spoke with an unrivaled passion for the subject, and he was always extremely witty.

His passing will leave a void in the field of ufology, one that will be felt for years to come. No longer will he serve as a voice of reason and support for the belief in the UFO phenomenon experienced by many around the globe. His wisdom and insight will be greatly missed. ♦

June 1

Fort Mifflin Paranormal Expo
Philadelphia, Pennsylvania
www.fortmifflinparacon.com

June 1

Portland Maine ParaCon
Portland, Maine
<https://maine-ghost-tours.ticketleap.com/portlandmaineghostcon/>

June 1

Haunted Road Media ParaCon
Alton, Illinois
<https://www.hauntedroadmedia.com/2017/10/15/haunted-road-media-paracon/>

June 1

Fairy Fair Healing Expo
Rocklin, California
<https://www.facebook.com/events/373411476560531/>

June 6-9

The Afterlife Awareness Conference
Salt Lake City, Utah
www.afterlifeconference.com

June 7-8

MUFON Philadelphia Area UFO Conference
Langhorne, Pennsylvania
http://mufonpa.com/wp1/?page_id=927

June 7-10

1st Annual Women's Para-Retreat Weekend
Mansfield, Ohio
<http://www.bsrparanormal.com/women-s-para-retreat-weekend.html>

June 8-9

PanGaia Festival
Fair Oaks, California
<http://pangaiafestival.com/>

June 14-15

Preston Castle Paracon
Ione, California
<http://www.prestoncastle.com/paracon.html>

June 15

Fouke Monster Festival
Fouke, Arkansas
<https://www.facebook.com/events/1034361723440071/>

June 15

Paranormal Extravaganza
Bordentown, New Jersey
<https://www.facebook.com/events/388711098638796/>

June 21

Summer HauntFest
Cayuga, Indiana
<https://www.facebook.com/events/426220074813712/>

June 21-22

Haunted America Conference
Alton, Illinois
www.ghostconference.net

June 21-22

ParaMystic Fair & Solstice Celebration
Nevada City, California
<https://www.facebook.com/events/993486647513658/permalink/1032833666912289/>

June 21-23

AlienCon Los Angeles
Los Angeles, California
<http://www.thealiencon.com/>

June 22

Scottish UFO and Paranormal Conference
Glasgow, Scotland, UK
<https://scottishufoandparanormalconference.wordpress.com/>

June 28-30

Dark Spaces Light Faces Para Unity Conference
South Pittsburg, Tennessee
<https://www.facebook.com/events/1636946943118770/>

June 28-30

MidSouth Paracon
Shepherdsville, Kentucky
<http://msp.louisvilleghs.com/midsouth/convention.html>

June 29

ECBRO Virginia Bigfoot Con
Waynesboro, Virginia
<https://www.eventbrite.com/e/ecbro-virginia-bigfoot-con-2019-tickets-49972709720?aff=erelexpmlt> ♦

PARANORMAL UNDERGROUND®

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MISSING LINK, MISSING TEETH; MOTHMAN ATTACKS; BIGFOOT SIGHTING; CHEROKEE SPIRIT CAVE

BY MORGAN LINEBERRY

A CASE OF MISTAKEN ANCIENT IDENTITY

Although science's main goal is to offer an explanation for things we do not understand, sometimes in the pursuit of an explanation science unearths a mystery. This is one of those times, and while this story may not be filed under traditional "paranormal," it is mysterious and diverges from the norm.

According to Jocelyne LeBlanc of Mysterious Universe, ancient teeth that were found in China "don't fit into the evolutionary family tree of humans." Although they were originally filed under "Homo erectus," a closer look proved that they were not an exact match to others of the same species. Could previous theories be wrong or are there just more branches on this "family tree" than we originally thought?

No matter your stance of human evolution, this is interesting, because on the one hand it could mean that previous theories are incorrect, while on the other hand it could lead to discovery of a new ancient species. Right not "the owner of the teeth remains unknown," and they are not the only discoveries that fall into the "unknown" category.



A model of the face of an adult female Homo erectus. (Reconstruction by John Gurche; photographed by Tim Evanson via Wikimedia)

"The four teeth are just part of a larger number of discoveries found in China that don't fit into the human evolutionary tree," according to LeBlanc. Since "numerous species of humans walked the earth at different times," could this be a human species or perhaps something else? Science is working to unravel the mystery and do what it does best: offer an explanation.

911 CRYPTID CALL

A humanoid cryptid always makes for a good story ... and apparently a good 911 call. Mysterious Universe's Sequoyah Kennedy brings us the story of a 911 call that the operators probably were not trained for.

In the area surrounding the Great Lakes in the U.S., a creature that resembles Mothman is making waves, and one witness from Woodstock, Illinois, called 911 "to report a freakishly tall winged humanoid with glowing green eyes." That is a very specific description, and the details only add to the evidence.

Apparently, this creature "charged at him, screaming, while he was trying to leave a convenience store." The creature popped out from the Dufield Pond Conservation Area, "a thickly wooded area comprised of forest and parks," perfect for hiding an incredibly tall mothman humanoid.

Maybe the poor guy (or girl) just wanted a bag of Cheetos. One thing I think we can all agree on is that



Image by Tim Bertelink via Wikimedia

no sane person would make that call if it weren't real, so either the man was insane or there definitely was an incredibly tall humanoid with glowing eyes screaming at him outside of a store.

Police did look into the call, stating: "[The witness] had a sighting of a mysterious creature described as being 7-8 foot tall and wearing all black. ... [The witness] named the creature the 'Dufield Pond Swamp Monster.' Investigation to continue."

At least the police are taking the call seriously. Part of me hopes that they find this creature, while another part hopes they don't so no one hurts it. Still, with every new case on this creature, my curiosity is piqued.

BIGFOOT SPOTTED AT CLOSE RANGE IN NEW YORK

The cryptids are out in full force these days it would seem. A story submitted to *Phantoms & Monsters* depicts a Bigfoot sighting near Green Lake State Park in New York.

The unnamed witness saw a "large, hairy, two-legged creature step out onto the road" as he approached an intersection. When the creature spotted the witness' vehicle, it quickly ran "across the road and into the woods." The witness got a good look at Bigfoot before he or she ran off. The creature stood "easily over six foot" with eyes that "glowed a light orange color" when it looked at him. It had hair over "most of the body" that was a dark-brown color. The description matches what other Bigfoot witnesses have said, although the hair shade does tend to change depending on region.

One odd point of this story is that when the creature stepped into the woods, "several deer quickly exited and ran" in front of the witness' car. This is logical since deer run from danger, and a Bigfoot-like creature would be a natural predator, just as a human would. Furthermore, the witness told their husband about the sighting, and he responded by saying that he had seen a similar creature in 2015.

It sounds like this particular Bigfoot has a local residence in New York, so if anyone is to stop by, don't forget your camera.



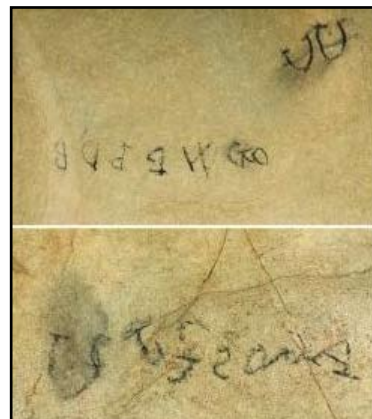
MESSAGE TO THE SPIRIT WORLD

Our final story made Fox News, and while I admit it is not frightening, it is amazing and thought-provoking. James Rogers explains that "archaeologists and Cherokee scholars have teamed up to decode a set of mysterious tribal inscriptions written in an Alabama cave."

While much of the writing has to do with a game of "stickball," similar to modern lacrosse, which was apparently viewed as very important among the Cherokee people, it is not the only message left on the walls. "Another decoded inscription," Rogers continues, "which addresses religious matters, was written backwards."

This was the moment I became intrigued with the story. Apparently, this cave was seen "as a portal to the spirit world," so words had to be written backwards "to be legible to the spirit residents."

The writing highlights religious ceremonies "that were carried out at a time of crisis," more specifically when white people began disrupting the Cherokee way of life, "culminating in their forcible relocation in the 1830s along the Trail of Tears." Therefore, not only is this a eye-opening peek into the panic Native Americans felt during this period, but also a look into ancient beliefs they held onto for comfort and spirits they reached out to for assistance. It is a piece of spiritual history preserved, and I hope we will learn much from it.



The above cave inscriptions are written backwards to communicate with spirits. (Source: A. Cressler, appearing in Beau Duke Carroll et al.'s study in *Antiquity*.)

IN MEMORIAM — STANTON T. FRIEDMAN (1934–2019)

Iconic ufologist Stanton T. Friedman passed away on May 13. He was a nuclear physicist who was an early civilian investigator of the Roswell UFO incident. He also worked on R&D projects for large companies.

Friedman published close to 100 UFO-related papers, provided written testimony to congressional hearings, and appeared twice at the United Nations. ♦



Stanton T. Friedman

TALES FOR THE CAMP FIRE:

A CHARITY ANTHOLOGY

BENEFITTING WILDFIRE RELIEF

BY CHAD SCHIMKE, CHADSCHIMKE.BLOGSPOT.COM

A group of San Francisco Bay Area writers assembled for the Horror Writers Association (HWA) meeting one afternoon not long ago. But that day wasn't like every other meeting. We had a hard time breathing, and our eyes were stinging.

Noxious smoke wafted in from way up north, from Butte County to San Francisco, elevating air quality to Purple Alert, the most hazardous of all warnings. Ben Monroe, author of *The Quarry*, mentioned his thoughts to us at the HWA meeting: Would we like to assemble an anthology to benefit victims of the Camp Fire?

Tales for the Camp Fire

That was the inspiration that culminated a new book, *Tales for the Camp Fire: A Charity Anthology Benefitting Wildfire Relief*, with all profits benefitting fire victims. So, what was the Camp Fire, you might ask?

I wrote the introduction to the book in a short nonfiction piece, entitled as the following:

California's Worst Natural Disaster

- The Camp Fire occurred on November 8, 2018, and was only 70% contained 12 days later, despite unprecedented firefighting efforts.
- It took weeks to reach 100% containment, on November 25, 2018.
- Damage estimates from the fire range upward of \$16 billion, with 85 people confirmed dead at the time of this writing.
- The Camp Fire now takes first place as California's most deadly blaze, surpassing Los Angeles' Griffith Park Fire of 1933.
- As a result, the town of Paradise has been effectively scoured from the map.



The horror writers of Northern California rallied to raise money for the survivors of the Camp Fire with the publication of the book *Tales for the Camp Fire*. Stories within the anthology range from fairytale to science fiction, psychological terror to magical realism, splatterpunk to black humor, all rounded out by a messed-up post-apocalyptic cookbook.

Inside the Book

Tales for the Camp Fire, edited by Bram Stoker Award-nominated Loren Rhoads, author of *Still Life With Shattered Glass*, is a collection of scary stories for a good cause. The book was released on May 2 and is now available on [Amazon.com](https://www.amazon.com).

The book is brought to you by publisher E.M.



Through the pages of *Tales for the Camp Fire* roam werewolves, serial killers, a handful of ghosts, plenty of zombies, Cthulhu cultists, mad scientists, and a pair of conjoined twins. All profits from the sale of this anthology will be donated to Camp Fire relief and recovery efforts.

Markoff of Tones & Coffee Press, author of *Leaving the #9*, included within the book.

A Sampling of One-Line Synopses

Get a feel for the type of stories included in the book by reading tidbits about stories and authors. We will begin with a ghost story by E.M. Markoff.

- *Leaving the #9*: After witnessing an incident involving her brother, a sister takes the #9 bus to the end of the line to seek guidance from a curandera.

Also featuring L.S. Johnson, winner of the North Street Book Prize and author of *Ada, Awake*.

- *Ada, Awake*: A fetching peasant awakens to her true gifts after traveling via carriage to a French chateau with a mysterious artifact for sale.

Another story is by Ken Hueler, HWA meeting organizer, entitled *River Twice*.

- *River Twice*: A Japanese student snoops in her father's attic, leading her to a supernatural encounter, in which she uncovers the limitations of her father's love.

Anthony DeRouen, winner of the Silver Spotlight Award for his screenplay, wrote *The Patron* for this volume. Find him at the upcoming Death's Parade Film Festival in San Jose.

- *The Patron*: A bartender serves a traveling visitor on a final visit to his favorite tavern.

And, finally, my short story *Vivified* by Chad Schimke. I'm the author of *Behind the Walls* and *Midwinter*.

- *Vivified*: When a young father takes a train ride, a near-death experience forces him to reexamine what's truly important.

A Japanese student snoops in her father's attic, leading her to a supernatural encounter ... and other gripping fiction.

Camp Fire Relief Fund

In the wake of the Camp Fire in Butte County, the North Valley Community Foundation supports organizations that have firsthand community knowledge. As a non-profit charity organization, the NVCF has made staggering donations of over \$3 million to nearly 200 organizations, as of this writing. This information is publicly available on their Website and Facebook page.

Tales for the Camp Fire is an officially recognized benefactor, and as such carries the NVCF logo on the book cover. Change the world; donate to the NVCF today by visiting www.nvcf.org!

Two Dozen Stories

Inside *Tales for the Camp Fire*, you'll find 24 amazing horror stories written by Northern California authors. Profits

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INVESTIGATING WITHOUT LIMITS: ADAM “GLIDER” BONNETT

BY CHERYL KNIGHT

When Adam “Glider” Bonnett was 13 months old, an ear infection spread to his spinal column, leaving him paralyzed. His condition didn’t slow him down, however. It forced him to develop “creative alternatives.”

“I never let anything stop me from achieving my goals,” Adam said. “Determination is the key to success. Follow your heart and dreams, and no matter what your limitation is, you will succeed!”

Today, Adam is a paranormal investigator and motivational speaker. With more than 10 years of investigation experience, he has researched the paranormal at Preston Castle, Trans-Allegheny Lunatic Asylum, Moundsville Penitentiary, Old South Pittsburg Hospital, St. Albans Sanatorium, and many other locations — all from a wheelchair.

In fact, Adam considers himself a “rolling trigger object” during investigations. “I feel I’m in a unique position while investigating,” he said.

Adam also created the character Glider, a wheelchair-bound ghost who represents himself and others with disabilities. “Glider is a symbol that there are no limitations to those who truly believe,” Adam explained.

Adam recently spoke with *Paranormal Underground* about his unique perspective on the paranormal.

* * * * *

Q: Please talk a little bit about yourself, both personally and professionally.

Adam: I am Adam “Glider” Bonnett. I am a motivation speaker/paranormal investigator. I have been in a wheelchair all my life. At the age of 13 months old, I had gotten an ear infection that spread to some nerves and left me paralyzed and unable to walk.

From a very young age I have strived to overcome all obstacles. I am a firm believer in no limits!



Adam “Glider” Bonnett is a paranormal investigator and motivational speaker with more than 10 years of investigative experience. Adam’s motto is “determination is the key to success! Follow your heart and dreams. No matter what your limitation is, you will succeed! It’s how I roll!”



Adam Bonnett, pictured above at Preston Castle in California, has researched the paranormal across the U.S., including at Trans-Allegheny Lunatic Asylum, Moundsville Penitentiary, Old South Pittsburg Hospital, St. Albans Sanatorium, and many other locations — all from a wheelchair.

I speak at many events and locations throughout the U.S. to let people know of my experiences in life and paranormal investigating. I created a wheelchair-bound ghost, called “Glider,” to represent myself and others in my situation!

I have investigated many locations throughout the years and rarely see someone in my situation investigating. I want to let people know that anything is possible no matter the situation!

Q: What led you to begin investigating the paranormal?

Adam: I had some experiences growing up that piqued my curiosity. I had the chance to become a paranormal manager at Trans-Allegheny Lunatic Asylum and worked there for seven years. So it was pretty awesome to be able to investigate, learn skills, and hone different techniques.

Q: What can you tell us about your paranormal experiences prior to formally investigating?

Adam: I experienced some unique things growing up as a child — seeing things that I knew didn’t exist, hearing noises, doors rattling, etc.

Q: What is your mission as a paranormal investigator?

Adam: My mission as a paranormal investigator is to try to understand the unknown — place history with happenings and understand what happens after we pass.

Q: What interests you most about the paranormal?

Adam: The unknown. Trying to explain or debunk things that happen. Trying to see the relevance of history and events that happen spiritually.



Researching the history of a location prior to investigating is one of the most important parts of a paranormal investigation, according to Adam.

Q: What different types of locations has your team investigated?

Adam: I have investigated many locations, including insane asylums, prisons, nursing homes, battlefields, and residential cases.

Q: What equipment do you usually take with you on investigations?

Adam: I am a firm believer of using one's senses. Equipment-wise, I normally take a voice recorder, some Maglites, and a K-II meter.

Q: What methodologies do you use during investigations?

Adam: Research! History can tell so many things. Kindness, being polite. In my situation of being in a wheelchair, I have experimented with different techniques at locations.

Most times I use myself as a trigger object to try to get activity. For example: "Can you open the door for me? I am in a wheelchair, and it's hard to open it on my own."

Q: What is the most important part of a paranormal investigation?

Adam: Research the history of the location and the area! You can learn so much about a location from its history!

Q: What investigations will you remember the most and why?

Adam: Trans-Allegheny Lunatic Asylum will always be at the top of the list because of the countless hours of investigating there and experiences I've encountered. Preston Castle in California was a great experience of a location to investigate.

Also Moundsville Penitentiary; there were many experiences there, from strange shadows to disembodied voices.

Q: What is the most compelling evidence of the paranormal that you've captured?

Adam: I was investigating Gettysburg. I was at a bed and breakfast there. Some friends and I were outside at about 3 a.m. with voice recorders asking some questions. When I got home, I checked the audio and had caught muskets being fired and deep voices saying, "Go Away!" — all at 3 a.m.!

"I checked the audio and had caught muskets being fired and deep voices saying, 'Go Away!'"

Q: What is most challenging during an investigation?

Adam: For me personally, accessibility can be tough. But there are many locations where I have been able to investigate every floor! No limits and gotta keep on rollin'!

Q: Talk about common misconceptions about the paranormal field that you've encountered?

Adam: Activity does not happen all of the time! Many times, I have encountered people that believe activity happens on command or demand. It doesn't at all.

Q: Whose work in the paranormal field do you respect the most and why?

Adam: I respect the people that put forth a ton of effort to research and get to know each location and its history.

Q: What locations do you have on your wish list to investigate?

Adam: I would love to investigate some castles and plantations. A bucket list place would also be Alcatraz Island in San Francisco Bay!

Q: What is your mission as a motivational speaker?

Adam: I often speak about “investigating without limits” and “putting the ‘para’ in paranormal.” My mission is to let everyone know that there are no limits!

I want to inspire people or be an inspiration to someone no matter the situation. Just so happens that mine is in the paranormal field. If I can make a difference to even just one person, then that is one person that is going to strive to do their best!

Q: What words of wisdom would you offer beginner paranormal investigators?

Adam: Be open, and accept things that happen! Explore every avenue, and think outside the box.

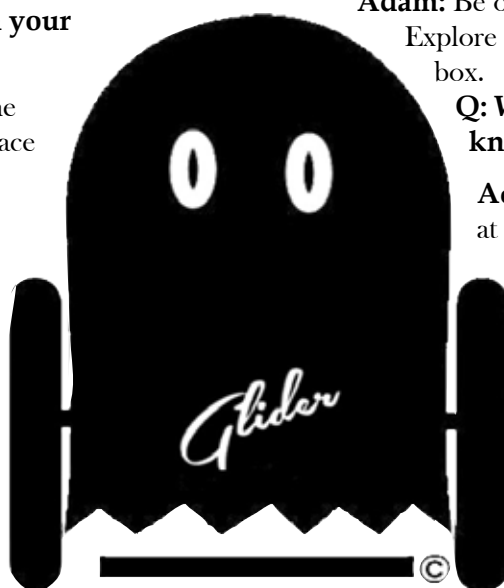
Q: What else should our readers know about you?

Adam: I love taking selfies with people at events and such! Leave memories that last. I am an avid fisherman, thrill seeker, and am a very outgoing, open-minded person!

As previously stated, I want to be that one person who people can look up to and be like, “Wow, he is awesome! What an inspiration!” #ItsHowIRoll

* * * * *

You can learn more about Adam at <https://the-glider.com/>, <https://twitter.com/wvglider>, <https://www.youtube.com/gliderparanormal>, <https://www.facebook.com/bonnett3>, and <https://www.instagram.com/wvglider/>. ♦



Adam created the character Glider, a wheel-chair-bound ghost who represents Adam and others with disabilities.

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The Vanishing Book Phenomenon

By Antony Milne, via Phenomena Magazine

In one quaint corner of the world of the unexplained lurks the still relevant “Disappearing Object Phenomenon” (DOP). Anomalous researcher Dr. Scott Rogo took an interest in “spontaneous dematerializations” and collected a vast array of such reports, which were published in *Fate* magazine. This article will show that the DOP is more shocking than even Dr. Rogo could have imagined.

Disappearing Object Phenomenon

One major puzzle about life is whether objects, having vanished, return again, even in a different position or in, say, a different room. The general theme of the DOP runs like this. Things, such as household objects disappear when you are away from them for a short time. After you momentarily leave the room and then return to it, you find the object has gone. Kitchen knives, a box of matches, or a packet of cornflakes seem to go missing. Sometimes they return somewhere else, but often they do not.

This is puzzling. Why do some objects return and some do not? In virtually all Internet postings about DOPs, we can detect what can only be called the DAROP theory — disappearing and returning objects. In fact, victims of DOP often say they are returned. Most vanishing wedding rings seem to reappear somewhere. Things come back within a short while, not maybe where they once were, but not far away — perhaps in another room.

On one of the DOP Websites, it was reported that a woman claimed that her dress went missing from her wardrobe, but it was returned later, but not in the wardrobe. The Reddit “Shower Thoughts” Website also said objects disappear and return.

One woman who left her keys on the hall table as soon as she entered her apartment, once found them missing. Several days later, she found them in a tin box she hadn’t opened for years.



Brent Swancer, on his Website, also details numerous examples of returning DOPs: A new computer disc that he laid on his desk just vanished. Nevertheless, it turned up in a drawer full of other discs.

Similarly, Steven Wagner on his Website said that DOP objects do often return later. Still, this is often no comfort. Other contributors who post comments on DOP Websites are rather startling. One Nita, in July 2013, tells of a plumber visiting his or her house whose tools vanished and reappeared.

We can try to rationalize all this. Most people, says Swancer, take DOPs seriously as being part of our natural existence. He comes up with the usual human explanations — sometimes strange things happen but people tend to forget about it sooner or later. Phenomena are just



written off as “glitches.” Things have just been inadvertently misplaced. He relies on the “autopilot” theory. We can remember holding things, such as our keys or our mobiles, but we cannot remember where we may have momentarily put them.

People are perhaps tired, dazed, or in a distracted state. Indeed, angst about DOP is often noted, and this itself has the DAROP effect. Members of a family might have moved the missing object concerned, but seeing the anxiety and distress of the searcher for the object they surreptitiously put it back in the exact place where it was before. Whatever, vanishing objects are an extremely disturbing phenomena and can cause emotional harm — and in the case of missing vanishing car or house keys — serious inconvenience or even danger.

Swancer admits he can’t explain how something that has vanished is searched for in the very place where it was definitely known to have been put, only to find it back in its original location a short while later. The main theory to explain DOP is ghostly or poltergeist activity. Swancer believes that poltergeists are behind most vanishings — the same mischievous entities responsible for knocking on walls, strange sounds or smells, or causing sudden cold spells. He believes a trick was played on him in regard to his missing computer disc.

Wagner also suggests some kind of haunting is in-

involved and points especially to spirits of the departed. For example, a watch that belonged to your granddad might be found in a place that granddad usually kept it.

But he also goes along with the “other dimension” theory and also, along the way, suggests mischievous fairies might be involved. Some theorists talk of objects not actually dematerializing but becoming invisible — which is a theory derived from the parallel universe or wormhole-type theories: Things are still where you left them but in another dimension.

Sometimes the two main theories — fringe science and the paranormal — are combined, but only because mainstream physics is gaining a foothold (with its hologram and parallel world and other exotic assumptions) in purporting to explain what is sometimes known as “high strangeness” that enables or encourages DOP researchers to plump for this integrated explanation. This is particularly noticeable in the KASPER Paranormal Group Website. Nicholas Richford, on his Website, also genuflects to the “other dimension” theories.

Permanently Missing Objects

But there are distressing examples of permanent DOPs. Some objects never return. MacCionoadha Bean-sidre on the Paranormal Soup Website said, writing in April 2017, that his laptop disappeared overnight, and the



entire family searched for it in every nook and cranny in the house. But the laptop did NOT reappear anywhere and could not be found anywhere. Objects that disappear from a room that no one else is likely to enter, just to pick up something they have no interest in, is a genuine mystery, especially if the victim of DOP lives alone.

But what is the percentage of DOPs that eventually turn up again? In my own experience, it seems to be very low indeed — they disappear forever, and you will have to take my word for it. I have had the occasional problem with disappearing keys, coins, or credit or visiting cards left on my bedroom table overnight. I seldom see them again. Disturbing enough, but not as shocking as my other experiences of DOP.

I have long concluded that my little office is haunted by mischievous object-snatching entities, because one particular corner of it — next to my desk and near my bookshelves — uncanny things have happened before.

A tatty old A4 file of journal cuttings I was working on and tossed onto the pile disappeared just an hour later and was never seen again.

No one in my family would have done that. “If we wanted a new A4 folder, we would have asked you for one,” was the reply.

The Mystery of the Vanishing Books

But it soon got worse. So far I have counted four books that I actually held in my hands that have disappeared, never to be seen again. And no one else will ever see them again. In January 2012, I visited an Oxfam

secondhand bookshop and picked out one, which bore the title *Angels in Their Lives*. I put it to one side, with the aim of buying it, and it vanished just 10 minutes later. There would have been little time for another customer to pick up the book and pay for it at the sales desk and then exit the shop promptly. I would have seen him or her do it. I made enquiries the following day, and the bookshop staff didn’t remember the book or have any record of someone buying it.

More disturbing is the fact that the disappearing books in my life give every indication of never having existed in the first place, being untraceable on any bibliographical archive. I searched every archive in Britain and America for a book entitled *Angels in Their Lives* by an American male author with an East European-sounding name and never found it.

Take another example. In the early 1990s, I read a one-off volume of Churchill’s life by his historian, Martin Gilbert. Later I could find no trace of this book from archival records in Britain or America. I recall reading — also in the 1990s — a memoir by Joe Haines, the former press officer of Harold Wilson. In 2003, Haines published *Glimmers of Twilight*, which was very similar, I thought, to the earlier book. Yet checking the archives again, I could find no trace of the earlier version, and nor did Haines mention it in the preface of his later book.

In spring 2017, I bought a very interesting book from Foyles in London’s Charing Cross Road. The exact title of the book I cannot remember, but it was something along the lines of *UFOs and the Creation of Reality*. I

took it home in a little Foyles bag, and it remained amid a pile of other unread books on the floor of my room. I remember glancing at it from time to time. It vanished completely in December 2017.

I contacted Foyles by letter and email several times and asked if they could confirm ever stocking such a book but received no reply. Phone calls elicited no information.

I visited Foyles recently, and a sales assistant showed me her listings of UFO books. None had a similar title.

I have long concluded that there is something about books — or even potential books — that these mysterious DOP entities don't seem to like.

Time-Disturbed Reality

In my book *Our Holographic World* (2014), I give other strange examples. Some months before the esteemed journalist Bernard Levin died in 2004 at the age of 75, I heard it announced on a radio program that he had written a book on totalitarianism and that he would be discussing it later.

I was rather surprised at this, because it would not have been the kind of heavyweight tome that he would

have committed himself to, nor would he have been qualified to write such a book. But I did hear him speak for some minutes and thought he was indeed replying to questions on the subject. But nowhere in his obituaries

did I read that he had written such a book, and again there was no archival trace of it.

Clairvoyant medium

Susan Leybourne revealed another example of time-dis-

turbed reality. She was in the very early stage of writing a book about her spiritual life in Africa and Borneo. It had been in embryonic form on her laptop for years before she finally shelved it. None of it had been published or even reviewed by friends.

One day she attended a conference on psychic issues, and two ladies went up to her to praise her book, which they said was “brilliant.” When Susan said she didn't have a book out, the ladies assured her that the book was written by one Susan Leybourne and that it was about her spiritual life in Africa and Borneo.

A late friend of mine, when learning of some mystery or absurdity, would often declare: “Work that one out!” This is something that Susan Leybourne must have said to herself many times. ♦

I have counted four books that I actually held in my hands that have disappeared.

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7 INFAMOUS SPIRITS

Haunting New Orleans' St. Louis Cemetery No. 1

By Kristen Wheeler, The Lineup

What do a Voodoo Queen, the first governor of Louisiana, and an infamous slave torturer all have in common? They're all buried in the same cemetery — where their spirits roam free and reportedly frighten unsuspecting visitors.

Established by Spanish royal decree on August 14, 1789, St. Louis Cemetery No. 1 remains New Orleans' oldest existing burial ground. This site is considered one of the United States' most haunted cemeteries and remains active with funeral processions still occurring today. In one square block, these hallowed grounds house over 700 tombs and more than 100,000 dearly departed souls within its disorienting and cluttered alleyways.

Of these countless corpses lying in the ground, the spirits of seven deceased figures are reportedly having anything but a peaceful rest. Take a look at the cemetery's most famous eternal residents: souls who, according to some present-day visitors, continue to provoke the living from the afterlife.

1. Marie Laveau

St. Louis Cemetery No. 1's most infamous ghost and grave is that of the esteemed Voodoo Queen of New Orleans. During her lifetime, Marie Laveau dominated in fortune telling, the occult, and herbal remedies. In addition to sightings in the cemetery, Marie Laveau's spirit is also said to still haunt her home on St. Ann Street in the French Quarter of the city.

Her brightly colored clothing and red-and-white turban are hard to miss as she suddenly appears and then vanishes from plain sight. Reports of scratching, pinching, shoving, touching, sudden illness, and voices have all contributed to her not-so-friendly reputation.



Voodoo queen Marie Laveau's grave is located at St. Louis Cemetery No. 1 in New Orleans. Visitors report her spirit scratching, pinching, shoving, and touching, as well as sudden illness and disembodied voices. (Photo by Kristen Wheeler)



The tomb of Paul Morphy is haunting in its own right. Known as “the unofficial world champion of chess,” Morphy had a break with reality after his law practice failed. Eventually, he succumbed to madness and had a stroke in the bathtub in 1884. (Photo by dsb nola via [Wikimedia](#))

The practice of marking her tomb with three x's led to severe vandalism over the years. The Archdiocese of New Orleans has since refurbished her final resting place and restricted cemetery visitors to those on registered tours or those with family residing within.

2. Henry Vignes

The horribly distressing tale of Henry Vignes will leave a hole in anyone's heart. Henry was a nomad and sailor from the early 19th century who had no true home to speak of. So he created one for himself in grand ol' New Orleans at a local boarding house. Henry always worried about his important paperwork, including his cemetery plot title at St. Louis Cemetery No. 1.

He asked the proprietor of the boarding house to keep his precious papers safe while he was at sea in case of sickness or death. The proprietor promised to look after Henry's belongings properly. Unfortunately for poor Henry, the sole person he trusted betrayed him and sold his tomb at St. Louis Cemetery No. 1 to the highest bidder.

Henry was never able to remedy the issue either privately or legally and soon fell ill and perished. With no money left to build another eternal home, his unmarked grave goes unnoticed in the paupers section of the cemetery — but his spirit still lingers.

While visiting the graveyard, guests have experienced encounters with a lost blue-eyed man wandering the site asking where the Vignes tomb is located. Poor Henry.

3. Alphonse

The lost ghost of Alphonse roams the pathways of St. Louis Cemetery No. 1 in search of a final resting place. He's been known to take guests' hands and pull them to a stop, smile widely, and ask them to bring him home. He also has a knack for gathering flowers off of freshly spruced-up graves and placing them on his own forgotten tomb.

Thought to have been murdered by someone in the Pinead family, every time someone gets near the Pinead family tomb, they are told to stay away. Does this eerie activity reveal something about Alphonse's mysterious life story? Or perhaps Alphonse is just one of the hundreds or even thousands of ghostly Civil War soldiers or yellow fever victims wandering the cemetery.

4. William Claiborne

Another famous spirit supposedly haunting St. Louis Cemetery No. 1 is William Claiborne. A native of Virginia and a great success as Louisiana's first American Governor, Claiborne was a well-known politician in the



Henry Vignes, a sailor from the early 19th century, had his cemetery plot title at St. Louis Cemetery No. 1 stolen from him. He ended up in an unmarked grave in the paupers' section of the cemetery, where his spirit is said to haunt the graveyard. (Photo by Kristen Wheeler)

South. While he was governor, William dealt with the nefarious actions of the infamous French pirate, Jean Lafitte, and his band of grunts.

William was well-known for his utter disgust for the dirty privateer, even going so far as to offer a \$500 reward for Lafitte's capture. In a hilarious response to the listing, Lafitte posted a \$5,000 bounty for the governor's capture. That probably didn't go over too well.

During his lifetime, the governor was known to be a hit with the ladies. More often than not, William could always be seen walking down the street with a fancy cane, tall hat, devilish grin, and confident swagger. He continued to serve his term until 1816 when he was elected to the U.S. Senate. Less than a year later, he passed from a liver infection and was interred in the Protestant Section of St. Louis Cemetery No. 1.

5. Homer Plessy

Homer Plessy, a New Orleans native, was buried in the Debergue-Blanco family tomb in St. Louis Cemetery #1. He is known for the 1896 "separate but equal" Plessy

v. Ferguson U.S. Supreme Court case. Born of two white-passing parents, his great-grandmother had been brought to the South from Africa, making him 1/8th African.

At the time, he would have been called a *gen de couleur libre* or a "free person of color." He was involved in many social activist groups as a courageous leader, and his court case played a primary role in the formation of the NAACP and the Civil Rights Movement. Today, some visitors wonder if Homer's spirit still remains at the Cemetery.

6. Paul Morphy

Another spirit said to roam the Cemetery is Paul Morphy. Recognized by many as the unofficial world champion of chess, Morphy had a natural talent that was unheard of in the 19th century. His aptitude for the game swept the country, especially after he completed and won a 10-hour match facing away from his opponent while attendants moved the pieces for him.

Although he continued to play chess after this iconic match, his heart wasn't in it any more. In an attempt to change careers, he decided to open a law office, but his potential clients were only interested in a game of chess. Frustrated, he eventually closed up his practice.

Later in life, Morphy experienced a break with reality, fearing being poisoned and watched. He exhibited strange behaviors, including following women for hours just to be a voyeur and only eating food prepared by his mother or sister.

In the late-1870s, he allegedly ran through the streets of the French Quarter stark naked and wielding an axe, threatening to kill the first person who crossed him. He succumbed to madness and had a stroke in the bathtub in 1884.

7. Madame LaLaurie

On April 10, 1834, a fire broke out in the kitchen of Madame LaLaurie's grand mansion. In its aftermath, rescuers found several slaves who had been starved, tortured, and chained in the attic. News of the abuse quickly spread through the town, and a crowd ransacked and nearly destroyed the mansion.

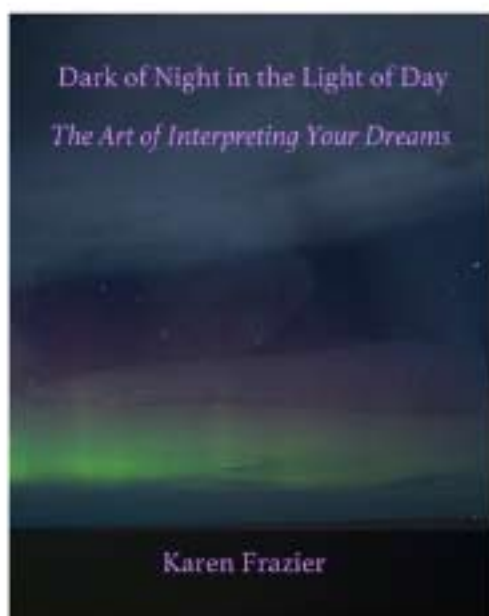
Newspapers nationwide reported on the details of this dreadful occurrence. In the midst of this chaos, Madame LaLaurie and her family escaped, reportedly fleeing to France.

In the late-1930s, a cracked copper plate was exposed in Alley 4 of St. Louis Cemetery No. 1 with the inscription "Madame LaLaurie, née Marie Delphine Macarty, décédée à Paris, le 7 Décembre, 1842, à l'âge de 6--." The English translation reads: "Madame LaLaurie, born Marie Delphine McCarthy, died in Paris, December 7, 1842, at the age of 6--." Although records indicate she died in France on December 7, 1849, according to some, she is actually buried in the Blaque tomb at St. Louis No. 1. ♦

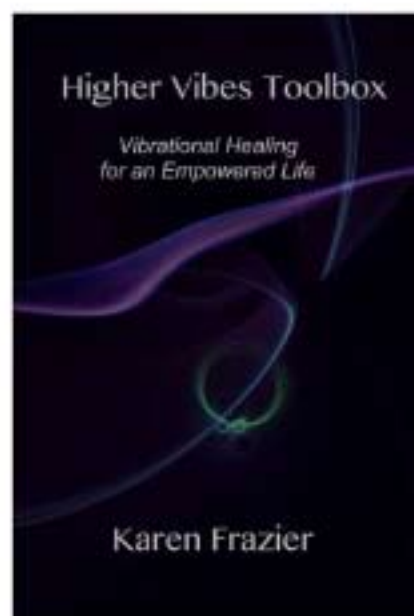
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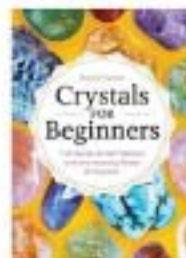
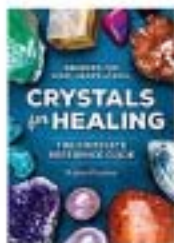
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THE UFOLOGY UMBRELLA

By Jason Gleaves

People have asked me for many years about the vast topics that modern-day ufology has under its umbrella. These topics include UFO sightings, experiences, and abductions, to name a few.

I recently wrote a book, titled *The Ufology Umbrella* (set to release in July), about just that, a detailed and comprehensive break down of close encounters under their separate categories CE-1-7, from a basic visual sighting to the more controversial, such as extraterrestrial hybrids and the abduction phenomenon.

I wanted to publish a book where you could find out all in one place what you needed to know about the ET

... just like rain off an umbrella. One of my favorite cases in the book is this one ...

The 1995 British Airways UFO Air-Miss

This report of an unidentified flying object and civilian passenger aircraft (air-miss) is one of the most compelling and detailed reports to date. The incident was reported by two British Airways civilian pilots and backed up by an official investigation.

The aircraft, a British Airways Boeing 737 flight number 5061, reported the incident as it flew over the Pennines on route from Milan on their final approach



agenda, plus give the reader examples past and present of UFO cases relating to the close encounter category.

Unlike my first book, *UFO Photo*, where I analyze images of UFOs and show you how to visualize and get the best out of your images, this book is a more hands-on approach to ufology, relating to unconventional space flight methods and cosmic frequencies, together with analyzed related worldwide cases and images.

I see ufology as a huge complicated subject with numerous categories cascading off into a hundred directions

into Manchester airport. Captain Roger Wills and copilot First Officer Mark Stuart both saw a lit object fly down the right-hand side (starboard) of their civilian aircraft at high velocity from the opposite direction. A dangerous maneuver to say the least, no other aircraft would execute that maneuver in such a close, dangerous proximity to another. Also, all air traffic is under very strict safety guidelines when operating in and around any airports or official flight corridors.

The unknown object was described as being a dark

UFO AIR MISS – ON FINAL APPROACH INTO MANCHESTER AIRPORT U.K. -1995



dart/wedge-shaped object and covered in smaller lights; its size was also described as similar to that of a small aircraft. Its speed was unknown, and the duration of the object passing the civilian aircraft was estimated at approximately two seconds.

At the time, one of the U.K.'s national tabloid newspapers, *The Sun*, which was well known for its page 3 topless models rather than its serious look at the news in general, reported on the event. Given *The Sun's* standing, it is easy to take its headlines with a pinch of salt when it comes to serious reporting of the UFO subject. However, one such headline caught everyone's attention when it appeared on January 28, 1995: "British Airways Het Pilots Duck as UFO Flashes Past at 13,000 Ft."

A *Sun* journalist at the time the story ran went on to inform readers how two British Airways pilots had literally ducked when their jet headed for a mid-air collision with an unknown object at 13,000 feet altitude. According to the newspaper report, pilots Wills and Stuart ducked down in the cockpit when a brightly lit mystery craft appeared only yards in front of them at 13,000 feet over the Pennines.

While bracing themselves for impact, they saw a triangular/wedge-shaped UFO flash by the right-hand side

of their Boeing 737 and disappear. Captain Wills and First Officer Stuart immediately checked with air traffic control. Their flight from Milan (Italy) to Manchester (U.K.) was 17 minutes from landing when the encounter occurred. The Boeing 737 landed safely with its 60 passengers unaware of the drama unfolding outside their aircraft.

Pilots Eventually Report UFO Encounter

At first, the two pilots said nothing to their colleagues for fear of being mocked and ridiculed. However, British Airways bosses were informed of what had occurred, and they sent a detailed account to the joint Air Miss Working Group, which was part of the Civil Aviation Authority (CAA). An inquiry was launched into the January 6 UFO incident.

A CAA spokesman informed *The Sun* newspaper that they had not been able to trace the "aircraft" that had been involved. According to the newspaper, there were many theories of what the two pilots had seen and encountered, and one such theory was that they had seen an experimental military aircraft of some description.

A spokesman for *Jane's Defence Weekly* said: "We know of nothing at all being developed that could account for this sighting."



More Media Coverage

Both national, regional, and local newspapers also covered the story. On Saturday, February 3, 1996, a full page spread (page 6) of the *Daily Mail* ran the headline: "A UFO? Actually, It Was Just Our Alien Friends in the North." Ufologist Philip Mantle was extensively quoted in this article and detailed other accounts of reports of "triangular-shaped UFOs." This article was in response to an official report on the incident that had been made available.

During March 1996, the *Manchester Evening News* published their interview with the two pilots. First Officer Stewart is quoted as saying in the article: "There was something straight ahead, which then, in a split second, passed down the right-hand side and disappeared. My reaction was to reach out for the controls, but by then the object was gone. I said to the captain, 'Did you see that?' and he said, 'Yes.' It was very dark gray and wedge-shaped, with an even darker stripe down it. There were no visible windows.

"We tried to put it to the back of our minds, but we did call in a stewardess to ask if there had been any com-

ments from the passengers, and she told us that no one had seen anything. Because of its speed, it was very difficult to judge the relative size and exact distance from us. However, it was not too far from our starboard wing-tip.

"People have said to me it must have been a kite or a balloon, but there is absolutely no chance. It was a solid gray object, possibly with a black stripe."

First Officer Stewart rounded off the article by saying, "It's nice. I suppose I have had my 15 minutes of fame. I consider that the object was just something in the wrong place at the wrong time."

After 13 months, an official report from the CAA's Air Miss Working Group was made public. This group had interviewed Captain Wills and First Officer Stewart and had studied their sketches, eventually making the report and a transcript with air traffic control public.

An excerpt from Captain Wills to air traffic control at the time is below:

Wills: We just had something go down the right-hand side just above us, very fast.



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Control tower: Well, there's nothing seen on radar. Was it — er — an aircraft?

Wills: Well, it had lights; it went down the starboard side very quick.

Control Tower: And above you?

Wills: Er, just slightly above us, yeah.

Control tower: Keep an eye out for something — er — I can't see anything at all, so — er — must have been very fast or gone down very quickly after it passed you, I think.

A bemused-sounding Captain Wills ended the conversation by remarking: OK. Well, there you go!

Official Explanations of the Event

CAA investigators said there was a "remote" possibility of the UFO being an unknown military plane and checks had been made with the Royal Air Force and the United States Air Force. The official report conclusion was inconclusive.

In summary, the report stated: "There are, of course, a few sightings that defy explanation and thus fuel the imagination of those who are convinced that there is something going on out there. Usually, activity of this kind is accompanied by a rash of ground sightings. In this case, there were no other reports.

The military said they had no planes in the area, and the possibility it was a model aircraft has been ruled out. No microlites or hang-glider could operate in the dark or in such strong wind.

"Having debated various hypotheses at length, the group concluded that in the absence of any firm evidence that could identify or explain this object, it was not possible to assess either the cause or the risk by any of the normal criteria applicable to air-miss reports. The incident therefore remains unsolved."

Ufologist Philip Mantle's Own Investigation

In an attempt to conduct his own investigation into this air-miss incident, Mantle first contacted the U.K.'s

Ministry of Defence (MoD). This was pretty much a waste of time, but he did receive two letters from the Ministry. It did confirm that it had not received any other reports at around the same time.

Mantle's next port of call was British Airways. His request for an interview with the two pilots in question was acknowledged but nothing more. British Airways did,

however, provide a copy of the report made by the pilots. Another route of inquiry was the Joint Air Miss Section, and after waiting for months, Mantle received a copy of its official report, which is Air-Miss Report no 2/95. The report is reproduced [here in full](#).

The report in itself is interesting, and one particular part of it praises the pilots and hopes that this will help other civilian pilots to come forward and report any such similar UFO incidents. The report, after assessing all of the possibilities of what the two pilots could have encountered, remained notably "unassessable."

Final Conclusion

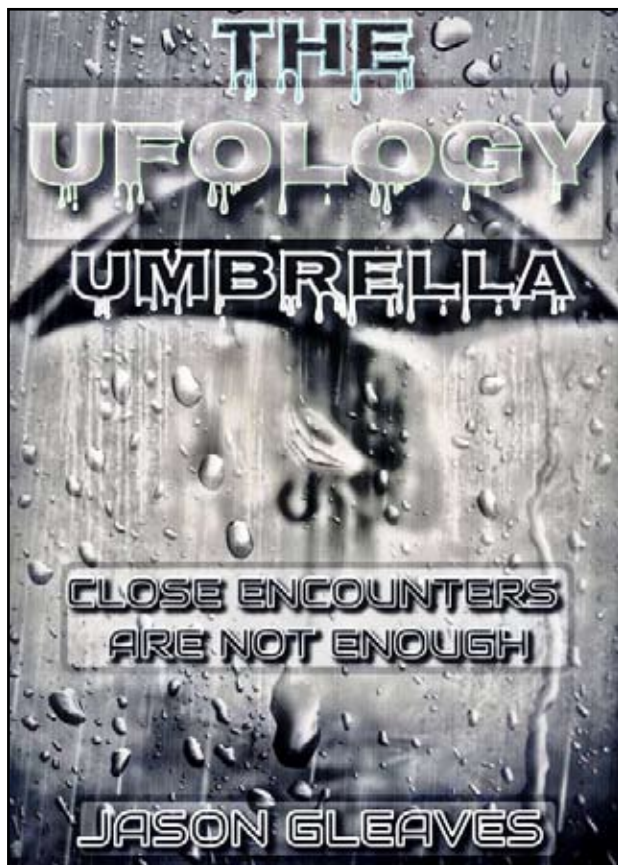
It's difficult to reach a precise conclusion as to what the two civilian pilots actually witnessed on that occasion. It

was certainly unidentified to them at the time. Possibilities and other examples of what the object could have been range from some kind of advanced secret covert technology (aircraft), a bolide meteor, or maybe even a chunk of space debris.

If it was a secret covert aircraft, why would it fly in such a dangerous manner and attract unwanted attention to itself? Or could the occupants of the unknown craft, either human or extraterrestrial, be showing off?

Only now, in 2018, are pilots starting to come forward with their accounts and experiences regarding UFOs without the threat of ridicule or the loss of their jobs and flying careers.

The new book "The Ufology Umbrella" by Jason Gleaves will be published on July 1 by Flying Disk Press. It will be available on Amazon in both Kindle and paperback format. ♦



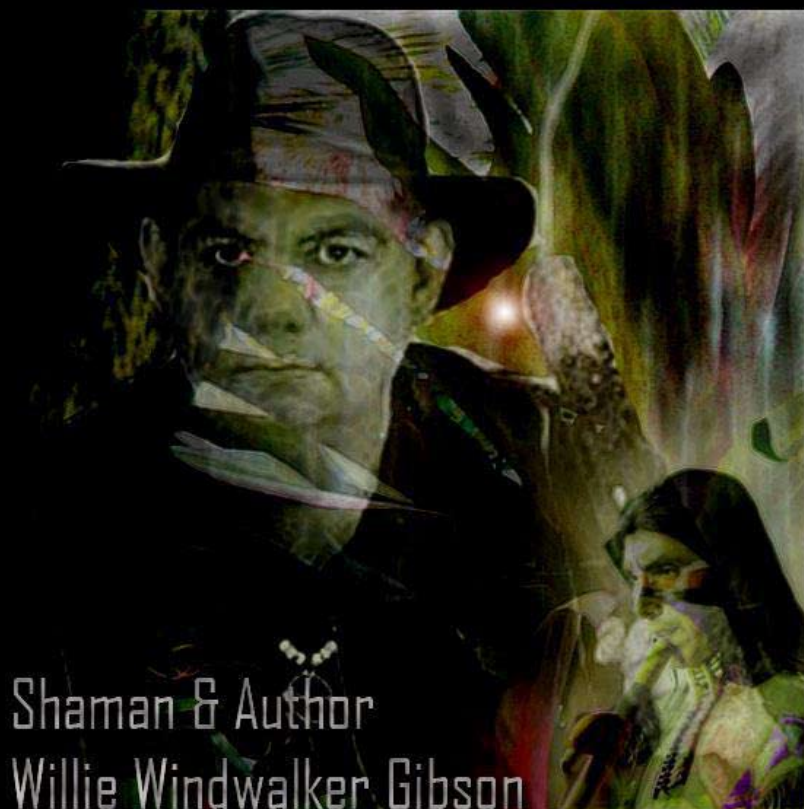
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6 GHOSTLY LEGENDS

From the Philippines

By Stephanie Almazan, The Lineup

The Philippines is a Southeast Asian island that sits in the Western Pacific Ocean, surrounded by China, Taiwan, Malaysia, and Indonesia. Filipinos have seen their share of occupation, from Spanish conquistadors and the Japanese to the U.S. military.

Today, bustling, high-tech cities are filled with traffic and congestion, but a trip to rural farmland areas (referred to by locals as provinces, the equivalent of the American south or countryside) illuminates the preserved local culture. Today, the Philippines remains a spiritual country, with ghosts and folklore firmly embedded in its history and passed down largely through oral tradition.

For a Filipino child, it's not uncommon to hear about these various urban legends and ghostly tales from an older sibling or a wise elder, especially while visiting relatives in the provinces. Here are a few such ghostly legends from the Philippines.

1. Kapre

These giant tree demons tower at seven to nine feet tall, are muscular and dark-skinned, and smoke cigars. They wear the traditional Filipino loincloth and a belt to keep it hidden from human sight. They dwell in large mango and banyan trees, playing pranks on passersby, confusing and disorienting travelers in the wood.

Others report hearing bellowing laughter and seeing smoke and large fiery eyes from the tops of trees. Those confused in their own home blame it on the kapre.

2. Kumakatok

The "three who knock" are a Filipino variation of the Three Fates. This trio of hooded figures is a bad omen. They will knock three times on your front door in the



The aswang is a vampiric were-beast or a cannibalistic shapeshifter of Philippine mythology. (Photo by H.M.Bec via [Wikimedia](#))

middle of the night to signal the death of a family member. One kumakatok is a young and beautiful female; the other two are elderly men. If you open the door after they've knocked, they simply disappear out of sight.

3. Nuno

This diminutive goblin lives on top of anthill mounds. He's depicted as an old man with a long beard who's easily angered by anyone who disturbs him or trespasses. Children are encouraged to be quiet near the nuno and

to warn the nuno as they pass by, saying “tabi tabi po” (“please let me pass by, sir”).

Naughty children who kick and destroy anthills, or worse, urinate on them, can be spit upon and cursed by a nuno and experience stomach aches, black urine, swollen feet, or any number of ailments.

4. Aswang and Manananggal

There’s much superstition surrounding these evil witch-vampire hybrids that prowl through the dark hunting humans. Aswangs are said to be in human form during the day and can shapeshift into animals (dogs, pigs, cats, bats) depending on the province or region’s lore.

They may enter your home and drink human blood, steal corpses, and are especially attracted to human fetuses and pose a danger to pregnant women. The demon will sniff out the scent of the pregnant woman, which is said to resemble a ripe jackfruit. Once she arrives at the home, the demon sticks her long tongue down through the roof into the unsuspecting mother’s womb and feasts on the fetus.

A manananggal is an otherworldly creature that’s similar to an aswang. They can sever their torsos from the top half of their bodies. She must hide the lower half of her body while she flies at night to feed. She can also seduce men and eat their internal organs, including the heart.

To kill the manananggal, one must find her torso and place salt, ash, or garlic on it to prevent it from rejoining the upper half. If her body is still severed at first light, the demon will be destroyed. Other measures taken by pregnant women include leaving small containers of salt, ash, and raw rice or the scent of burning rubber to deter the demon from visiting their home.

5. Duwende

This folktale about mischievous dwarves has Latin American and Iberian roots. These elvin creatures have a more playful temperament than their nuno counterpart. They live in people’s houses and will present the homeowner with good or bad luck, depending on their coloring and how they’re treated.

Duwende puti (white) are kinder than the duwende itim (black). They may hide your things and play pranks. Other duwende live in trees or in the countryside, coming out at noon and in the evening hours. Parents tell their children to stay indoors at these times. It’s common practice to also seek permission to pass and quietly mutter “Tabi tabi po” when outdoors.

6. White Lady

This ghostly tale is popular around the world, including the Philippines. The urban legend has found its



The duwende are elvin creatures that live in people’s houses and present the homeowner with good or bad luck, depending on their coloring and how they’re treated. Some live in trees or the countryside.

way into popular culture, with several horror films made about the topic. Many provinces boast their own tales and spooky sightings. The White Lady normally appears to drivers on a dark, desolate road. They see her reflection in the rearview mirror and then she vanishes.

The most popular White Lady story from the Philippines is the White Lady of Balete Drive. The story goes that many years ago, a young woman died in a car accident while driving down Balete Drive, a windy banyan tree-lined road. Her killer never came forward, and she wanders the road in a state of unrest.

Drivers who are alone in their car report seeing a woman hitchhiker. Those who stop and offer a ride are in for a shock. When they look back, the spectral woman is bloodied and covered with bruises. Other times, the driver turns around only to see the spectral woman disappear before their eyes. ♦

DAILY SINGING BOWL MEDITATION

By Karen Frazier, AuthorKarenFrazier.com

This daily singing bowl meditation is adapted from recommendations and a poem by Buddhist monk Thich Nhat Hanh as relayed by author Frank Perry in his book *Himalayan Sound Revelations*. Thich Nhat Hanh recommends performing this short meditation twice each day in the morning and in the evening and that you view the bowl as a sacred friend who is there to help you be mindful.

You can use any type of a singing bowl, although the Himalayan bronze singing bowls are believed by Buddhist monks to transmit the frequency of OM, which is the fundamental sound of the Universe and are what were originally intended for use with this meditation. Ringing or singing the bowls transmits the dharma, or the principle of cosmic order.

1. Bow to the bowl with hands in prayer position.
 2. Strike the bowl.
 3. Breathe in as the bowl sounds and say silently, "Body, speech, and mind held in perfect oneness."
 4. Breathe out while the bowl continues to sound and say silently, "I send my heart along with the sound of the bell."
 5. Strike the bowl again.
 6. Breathe in as it sounds and say silently, "May the hearers awaken from forgetfulness."
 7. Breathe out while it is still sounding and say silently, "and transcend all anxiety and sorrow."
 8. Half strike the bowl by striking it and allowing the stick to rest against the side of the bowl to dampen the sound.
 9. Lift the bowl in an upturned palm and visualize it as a lotus with a jewel in the center.
 10. Strike the bowl again.
 11. Breathe in as the bowl sounds, saying silently, "Listen, listen."
 12. Breathe out as the bowl still sounds, saying silently, "This wonderful sound brings me back to my true home."
 13. Repeat steps 10 through 12 for two more strikes, so three full strikes.
 14. Replace the bowl on its cushion.
 15. Bow to the bowl with hands in prayer position.
- Here's the audio so you can hear what it sounds like:



[www.authorkarenfrazier.com/blog/daily-singing-bowl-meditation#/.](http://www.authorkarenfrazier.com/blog/daily-singing-bowl-meditation#/)

Body, Speech, and Mind in Perfect Oneness
by Thich Nhat Hanh

Body, speech, and mind in perfect oneness,
I send my heart along with the sound of the bell.

May the hearers awaken from forgetfulness
And transcend the path of anxiety and sorrow.

Those who are listening to the sound of the bell
silently recite the following gatha:

"Listen, listen,
This wonderful sound brings me back
to my true home."

As we listen to the sound of the bell,
the voice of the Buddha inside,
calling each of us back to our true home,
the place of peace, tolerance, and love. ♦

Dinner Date With A Ghost



Elaine Weir Watkins

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MOON MAGIC:

5 Steps to Embracing Your Emotions

By Dr. Athena Perrakis, Sage Goddess

The Moon is the closest planet to Earth and literally moves with us — with you, with me — in a sacred dance that unfolds in even, rhythmic cycles mirroring the cycles of your body, the cycles of the harvest, and growth of plants and trees — the cycles of life.

This intimate dance is what we celebrate when we follow Moon phases and honor the waxing and waning of the Moon. We say thank you for the pull, the tides, the fullness, and the emptiness within and without.

In astrology, we associate the Moon with safety and belonging; with emotions and feelings; with feminine mysteries, and how we nurture and receive nurturance. We refer to our “inner lunar landscape” as the emotional, non-rational world of our psyche. The Moon encompasses the lunar goddess archetypes in all her forms and faces. She is not just the mother, she is also maiden and crone. She is supportive and caring, yet destructive and devouring.

Grandmother Moon in Native American tradition connects us with the feminine powers of intuition — sensitivity in our bones, ancient knowledge flowing in our blood, our hunches, and inner promptings. She stands for inclusion by weaving us all into her monthly cycles and literally stabilizing our planet.

It's difficult to get personal with the sun — even looking at it directly can burn our retinas — and its presence is always the same, even if obscured by clouds. The moon is intrusively personal, changing in presence by the day and bringing us dependable cycles of day/night, seasons, and even women's personal Moon cycles. In many ways, the Moon reflects our reality and relationships in all their phases. How can you embrace your emotions? How can you harness this energy? How can you nurture your inner landscape?

Here are five steps to embracing your emotions:

1) Recognize Your Feelings

It's really powerful to own up to your feelings — to understand where they're coming from and why. This helps



you to follow your intuition and live more confidently. Understanding your feelings also helps you recognize which feelings don't belong to you.

If you're an empathetic person, you're probably carrying around others' luggage, which makes it really easy to turn your emotions off. It's too heavy — you can't sustain it. And it's toxic to your own health. You already have enough to worry about; don't take it upon yourself to carry other people too. Recognize what's yours and protect yourself against what isn't.

2) Write Them Down

Have you ever emotionally shut down? Gotten so angry to that you physically felt yourself harden? It's a powerful feeling, but not entirely beneficial. Every feeling has a message, and when you close yourself off, you won't be able to reveal them. A way you can do this, even during those numb moments, is to expose your wounds through words.

When you write, your body loosens because you're physically purging your thoughts and emotions with each letter you jot down. And, sometimes, those messages will

reveal much more than what initially prompted your frustrations. Keep practicing, and you'll be able to explore and process those memories that have been buried deep inside.

3) Just Say No to Distraction

It's so easy to wrap ourselves up in meaningless activities, like scrolling through Instagram and Facebook 10 times a day or binging on Netflix shows. However, it's just as easy to lose ourselves in our work and societal expectations, like birthday parties, networking events, and baby showers.

When was the last time you spent the day alone, with just yourself and your thoughts? When was the last time you asked yourself what **YOU** wanted? When was the last time you said "yes" to something with an open heart instead of fear or obligation?

When you distract yourself with activities that aren't serving your highest good, you're actively silencing that voice inside of yourself. It's important to listen to yourself once in a while and try to understand what your spirit needs. Put down your phone, turn off the TV, and shut down your computer. Be patient with yourself if it takes time to hear all the things we work so hard to quiet. Breathe, stretch, don't rush — be kind to yourself.

4) Go Love Yourself

You heard me. Go love yourself! Sounds simple, but for some of us, self-love is the hardest thing to tap into. Stand in front of the mirror and embrace everything you see, including all you deem as imperfections. You can't effectively share your love with others if you can't find love for yourself.

Every time you look in the mirror, I challenge you to take a moment and say something positive about yourself. You're smart. You're beautiful. You're special. You're worthy of this exercise.

5) Accept Your Feelings

Denying your emotions creates inner turmoil and blinds you to your needs. When you resist your feelings, you create a barrier between your physical and spiritual body. Resisting your feelings also calcifies them, which manifests in darker reactions — anger, sadness, anxiety, or even physical sickness.

When you accept your feelings, a whole world of possibility opens up for you. You become more connected to yourself, and others as well. The language of your soul speaks through emotions and images that arise from the depths of your being. When you say yes to feeling your feelings, your intuition and creativity abound.

In Closing

To embrace Moon magic is to embrace humanity in all its vulnerability. Are you willing to share your authentic beauty with others? Will you be brave enough to develop a new relationship with your fears and flaws? You have no idea of the power in these actions — to heal the world and help others to do the same.

It's time to reclaim yourself, your emotions, and your place in this world. The Moon reflects our inner spirit; the light in the dark. It's time to become the extraordinary being you are and take your place among the stars. ♦



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Fearing the Dark After a Loved One's Death

By Willie Windwalker Gibson

The reason I am writing this story is that a lot of people tell me they are afraid of the dark. The reasons vary; either they hear things, see things, or are afraid of seeing a recently dead family member or friend. What people do not realize is, if a person dies and they do not cross over right away, it does not matter where you are. They will find you.

The following is a true story.

* * * * *

I had a friend. I'll call him Rick. He was a man who did not believe in the paranormal, spirits, and ghosts. In fact, he would make fun of me when I would do investigations and clearings. When I would tell him of my adventures, he exuded an extremely "uninterested vibe."

One day I got a call from a mutual friend of ours. The friend told me that Rick had found his son dead in their home. Drugs were involved, according to the police.

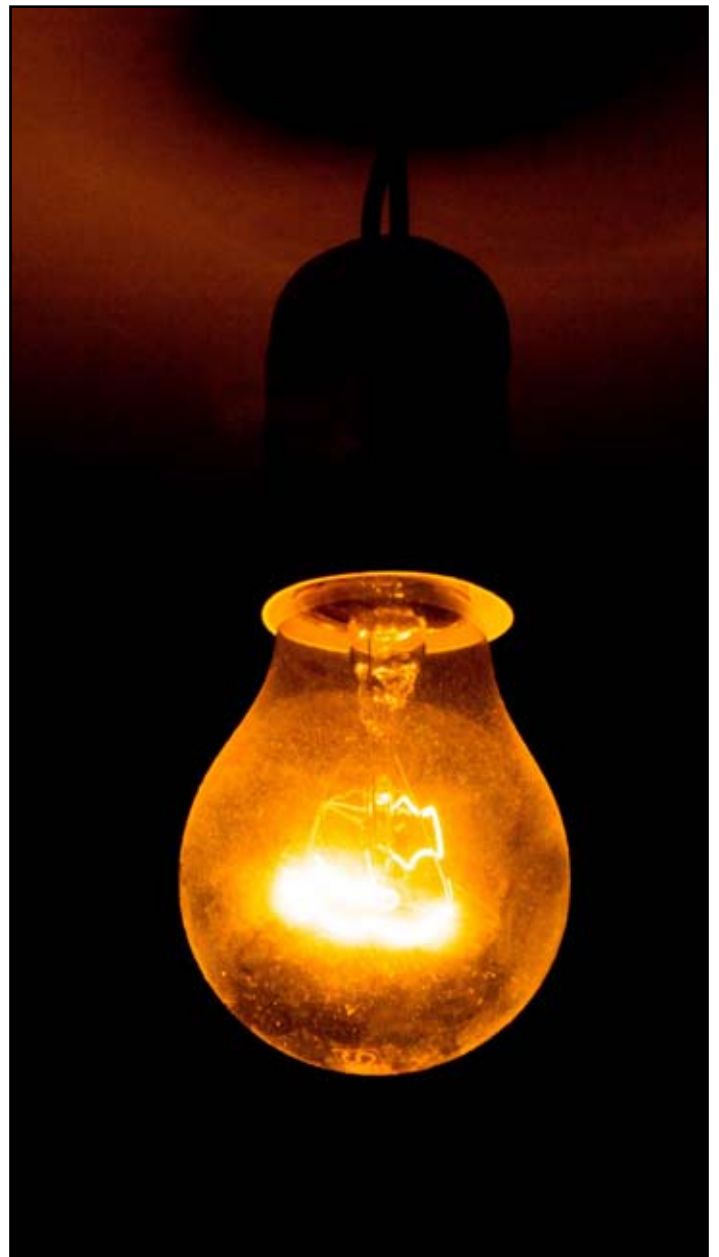
I called Rick right away. He was extremely upset and crying, of course. He told me that he had gone upstairs to wake his son for work but found him on his bedroom floor. Rick called EMS, who pronounced him dead upon their arrival.

Rick watched the coroner take his son's body from the house and could not stand to be in his house. He said he was staying with his sister.

A few days passed and Rick called me to give me an update about his son. Rick told me his son had died from a drug overdose and that his son's body had been turned over to the funeral home.

* * * * *

A few days later, I stood with Rick as he watched his son's body being placed in the ground at the funeral. After the service, I told Rick I would come by the house



to see him in a few days. Rick told me that he would meet me there at the house and that he did not want to stay there at night.

So a few days later, I met Rick at his house. When I drove up, Rick was waiting on his front porch. He said he was afraid to go inside. I told Rick that there was nothing to fear. We went inside. The house was dark, so I turned on the lights. I walked through the house to see if I could sense something. I had a bottle of tar water in my pocket and went through the house saying prayers and putting down tar water.

I got to the room where Rick's son had died. As I stood on the spot where Rick's son had perished, I prayed and put tar water down. Then I placed my right palm on the bedroom wall and tagged the walls with my energy.

I told Rick the house was OK and it was OK to stay there. But Rick said he would not spend one more night in the house. He was going to sell it.

Rick said he would work in the house during the day and go back to his sister's at night. He would not stay there after dark. I again told Rick the house was OK. But he said he was afraid that he would see his son's ghost

there. I told Rick his son had moved on; I made sure of it. I told Rick his son was at peace. But Rick would not hear of it. He was determined to not stay in the house.

And, he revealed he had been leaving the lights on when he was asleep at night at his sister's house. I told

Rick not to be afraid to shut the lights off at night and go to sleep. I also let him know that if his son's spirit wanted to talk to him, it would make no difference where he was

or if the lights were on or off. Rick told me it would take time, but he was still selling the house. I told Rick that was his choice.

* * * * *

It's been a year now since Rick's son died. He still sleeps at his sister's house. Although he is sleeping with the light off now. Sometimes it takes baby steps.

I talk to Rick at least once a week to see how he is. I know he will eventually be OK.

I want people to know that being afraid of the dark won't help to heal after the death of a family member or friend. The darkness of the mind is what one must conquer.◆

After Rick's son died in his house, he was afraid to turn out the lights at night.

WAS THERE MORE BEFORE THE BIG BANG?

"Exploring Our Mysterious Universe"

by Maria Anna van Driel

www.amazon.com

Exploring
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Maria Anna van Driel

THE HAUNTED FREQUENCY: CAN SCIENCE DEBUNK THE PARANORMAL?

By Maria Anna van Driel, The Next Truth

People are reporting shadow people as a malevolent and creepy phenomenon. Shadow people have been seen as human-like dark shadows that stand by your bedside watching you with ill intentions.

This eerie phenomena has been reported for decades. And I believe it's not just your mind playing tricks on you. In fact, there might actually be a scientific explanation for things like ghosts, demonic hauntings, and even shadow people.

* * * * *

I'm sure you've heard the phrase "the ghost in the machine." The phrase was the title of a paper that was written by Coventry University lecturer Vic Tandy and published in April 1998 by the *Journal of the Society for Psychological Research*. The paper described Tandy's experiences with infrasound while working in a medical lab.

Tandy was a British lecturer for information technology at Coventry University in Warwickshire and an engineer. He claimed to have seen a spirit in his laboratory, a dark shadow that was emerging in his peripheral vision.

At the time of this incident, Tandy was working with three other scientists in a laboratory made from two garages back to back and about 10 feet wide by 30 feet long. His colleagues complained of spooky feelings and chills while being in his lab, and a cleaning lady even resigned after seeing "something."

Working alone in the lab one night, Tandy suddenly

got the feeling he was being watched. He claimed a shadowy figure appeared in the corner of his vision. When Tandy turned to face this shadowy figure, it vanished.

Worried that his laboratory might be haunted after seeing a "ghost" near his desk, Tandy made an interesting discovery the following day. When he clamped one end of a blade in a vise, it started vibrating wildly. Curious, Tandy began moving the blade around the room. It

vibrated strongly in the center of his lab but came to a complete stop at the edges of the room.

All of a sudden, everything clicked. Tandy discovered a 19Hz (0.019 KHz) standing wave in his laboratory. The walls of the lab had caused the sound wave to double back on itself, producing an area of maximum energy in the center of the room.

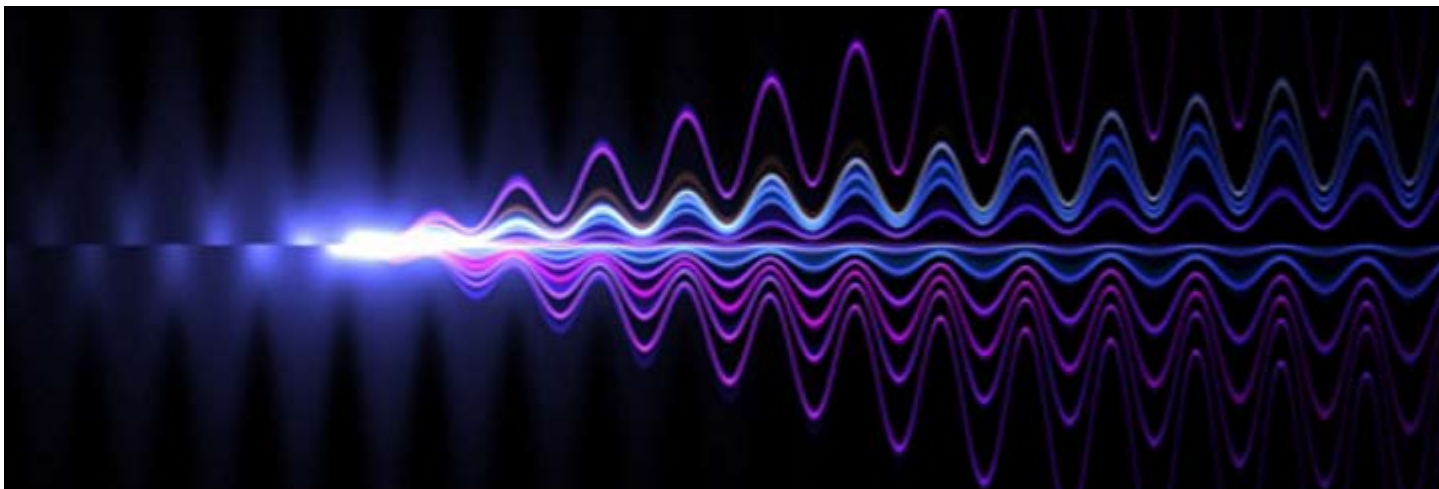
He realized the force causing these strong vibrations was the same force haunting his lab. As it turns out, the source of this wave was a newly installed fan at the end of the lab. When the fan was turned off, the wave, and all "spooky" phenomena associated with it, disappeared. Vic Tandy's laboratory was dealing with an inaudible

frequency (to the human ear) called infrasound.

Infrasound

Infrasound follows a path of an extremely low frequency (1–20 Hz) that humans can't hear it without the aid of electronic equipment. But, and here comes the creepy part within this invisible and sneaky ghost creator,





we can feel it! And to raise the hairs on the back of your neck a little bit more, a good portion of the population is thought to be hypersensitive to these low frequencies.

When we take a brief look at the anatomy of the ear, we see that the auditory part of the inner ear, the cochlea, consists of a series of fluid-filled tubes that spiral around the auditory nerve. The anatomy of each turn is characterized by three fluid-filled spaces: the scala tympani (the lymph-filled spirally arranged canal in the bony canal of the cochlea) and scala vestibuli (conducts sound vibrations to the cochlear duct) containing perilymph (the fluid between the membranous labyrinth of the ear and the bone that encloses it), which are separated by the endolymphatic space.

The two perilymphatic compartments are connected together at the apex of the cochlea (portion of the inner ear that looks like a snail shell) through an opening called the helicotrema. Let's take these two terms, helicotrema and perilymph, apart and lay them under a magnifying glass.

Helicotrema

The helicotrema is the part of the cochlear labyrinth where the scala tympani and the scala vestibuli meet. The hair cells near this area best detect a low frequency sound, which brings us back to infrasound. In this idea, the function of the human ear can be compared to a device that converts sound energy into electrical energy, which we all know as a microphone, for instance, and functions as a transducer that converts sound into an electrical signal.

In this, we can see the ear as a sound receiver guiding sound waves to the brain, where it is converted into electricity by the claustrum, where it then is guided into the body through the nerve system. One could think of

this frequency, when it is a non-mechanical one, as being coded with primordial information from an earlier Universe, which then could be a plausible explanation for a unified consciousness and even the knowledge of a previous life when information as such is absorbed and stored inside your cells. But a past life through cellular memory is a subject for another time!

Perilymph

Perilymph is similar in ionic composition to most other extracellular fluids (high Na⁺, low K⁺) while endolymph has a unique composition for an extracellular fluid in the body, being high in K⁺ and low in both Na⁺ and Ca²⁺. Potassium (K) balances the effects of sodium and

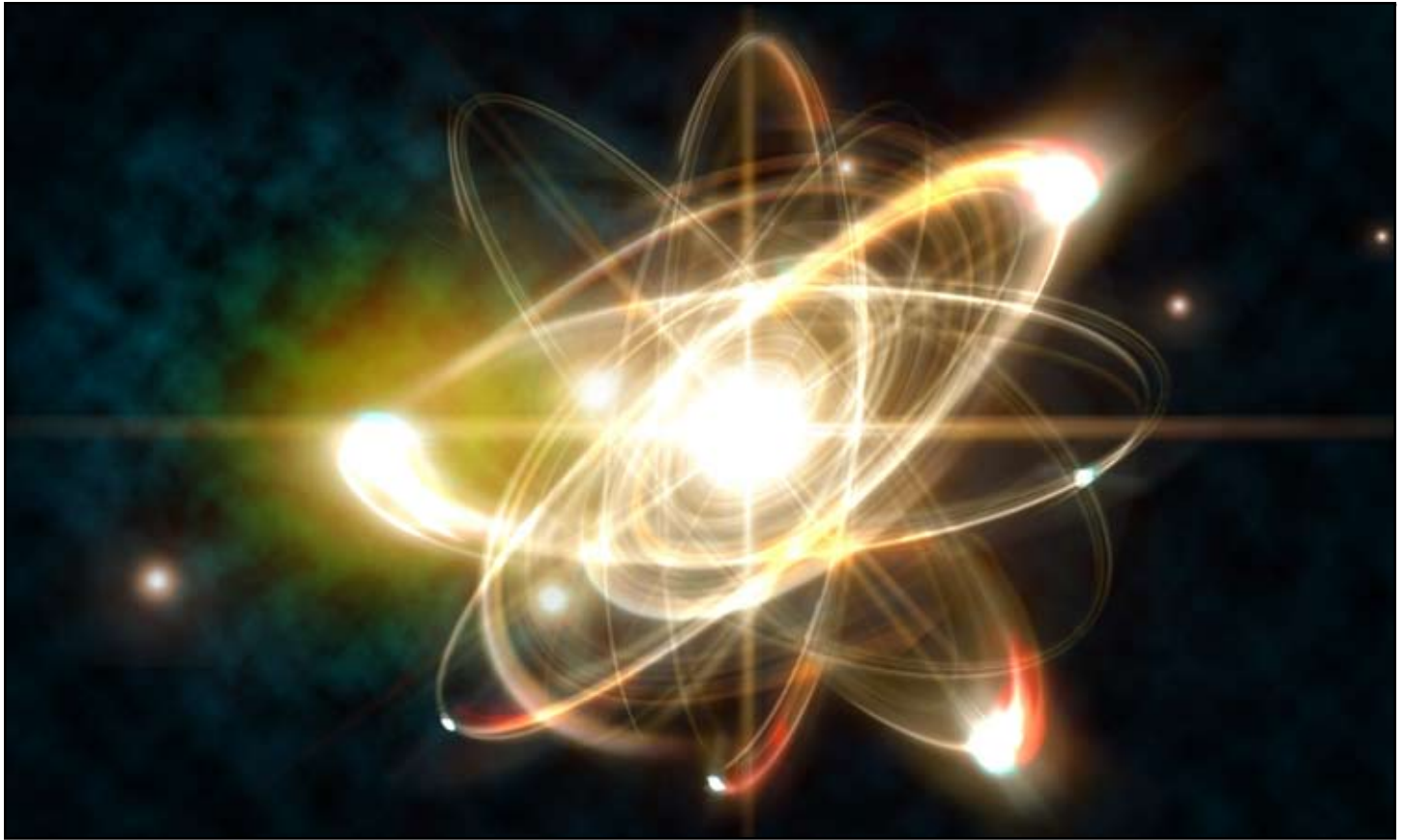
helps keep fluid levels within a certain range.

If your potassium levels are high enough, you may experience symptoms like tiredness or weakness, a feeling of numbness or tingling, nausea

or vomiting, trouble breathing, chest pain, or palpitations and irregular heartbeats. Which effects will you experience when the potassium in your body is reaching a level of being too low? It can make your muscles feel weak, cramp, twitch, or even become paralyzed. Also, abnormal heart rhythms may develop.

These symptoms are all medical related, but as soon as we leave out the medical descriptions and neuro-scientific terms, we suddenly enter a dark realm of the paranormal world. And by doing so, it all starts to sound like a scene from a horror film. "... Your eyes begin to open after a good night of sleep, but something feels weird. Something is here. It's causing you tremendous fear. You try to take a deep breath but cannot draw air. You cannot sit up, and whatever gave you this nightmare is in the room with you!"

"I was sweating but cold, and the feeling of depression was noticeable. But there was also something else. It was as though something was in the room with me." —Vic Tandy



Sleep Paralysis

The above-described phenomenon has taken on various interpretations in a paranormal dimension across cultures. And believe it or not, it is really happening and you are at the center of it all. But, although it is a very scary experience, you are not a nightmare or a medical emergency. It is actually a fairly well-understood sleep disorder called “sleep paralysis.”

This condition affects fewer than 8% of the general population, although about 25% of all people have probably experienced it at some point during their life. Fortunately, while it can be terrifying, sleep paralysis is not considered to be a dangerous or harmful medical condition.

People can experience three types of vivid hallucinations while being in a state of sleep paralysis: the presence of an intruder, pressure on the chest, and levitation or out-of-body experiences. The first, sensing an intruder, may be caused by the combination of lower sensory detection thresholds and high activity in the amygdala, the emotional center of the brain. Breathing difficulty is due to paralysis of the muscles in the upper airways that causes feelings of choking and suffocation.

Lastly, out-of-body experiences are associated with structures in the brain known as vestibular nuclei that coordinate the body movements. The feeling of viewing oneself from outside the body occurs because of a

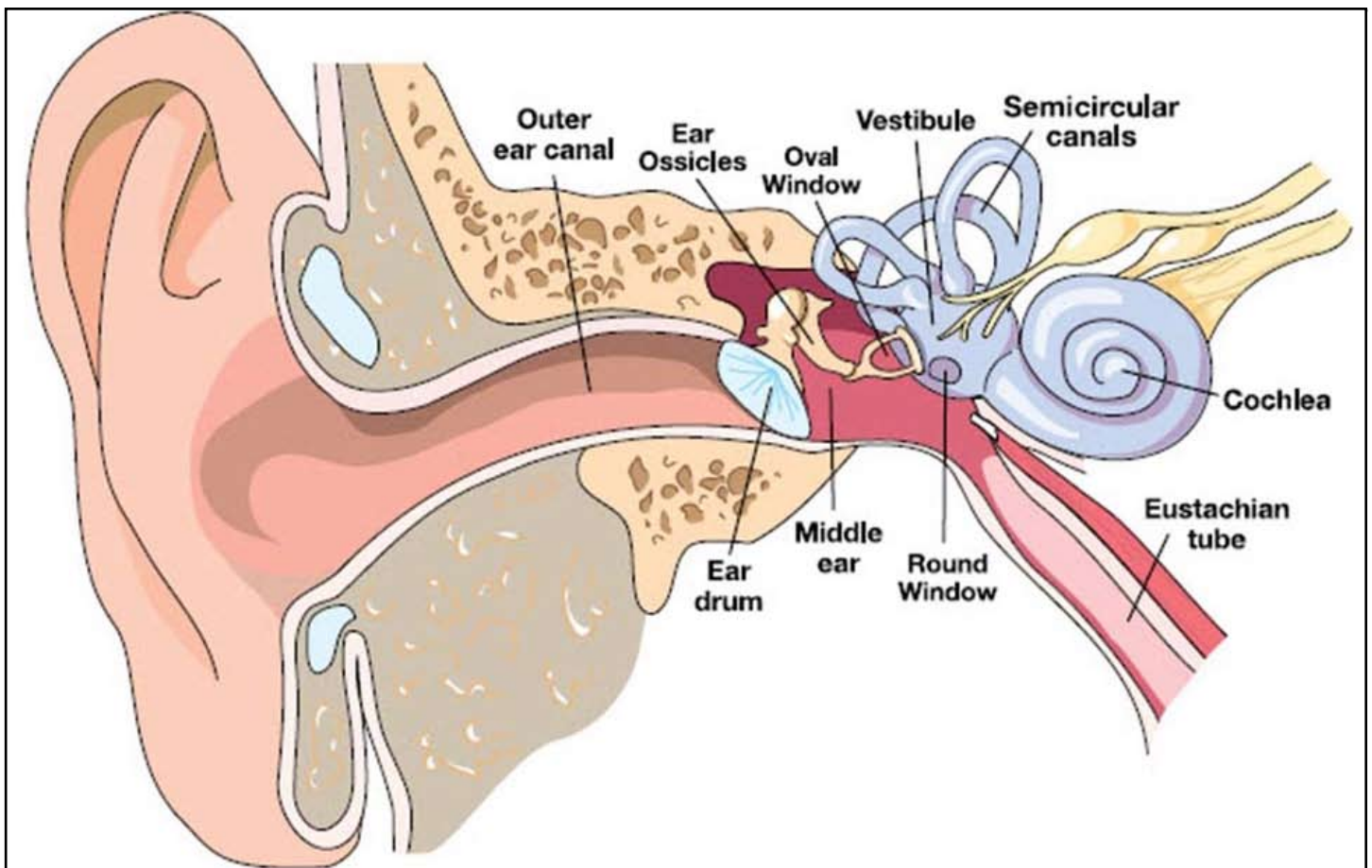
connection problem between brain activity and body control.

Scientists now know that this condition is just one example of a sleep disorder — although the physiological mechanism behind sleep paralysis is still under active study. Still, it is believed by many that, generally, humans cannot consciously perceive infrasound when being awake let alone during the moments when we are asleep. But its effects on the human body can cause bizarre effects, including nausea, extreme fear or awe, anxiety, and chills.

Researchers also believe it affects vision by causing vibrations in the eyeball. These vibrations can cause you to “see” ghosts.

Let’s pick up the medical explanation of this phenomena and bring it to the science of particle physics. Can we, with some caution, compare these findings in infrasound and sleep paralysis with an experiment from December 2015 conducted by CERN’s Large Hadron Collider (LHC)? Scientists at the LHC thought they may have seen a hint of a brand-new particle, and with it, a window into physics beyond what scientists know now. The findings turned out to be a statistical fluke.

The LHC uses about 9,600 massive magnets to circulate streams of protons within a 17-mile-long (27 kilometers) ring. These protons are accelerated to near the speed of light and then smashed together at the center of



the ATLAS detector, making collision debris in the form of new particles, which fly out from the collision point in all directions. The resulting collisions unleash cascades of subatomic particles and radiation that can provide clues to the building blocks of matter.

Six different detecting subsystems arranged in layers around the collision point record the paths, momentum, and energy of the particles, allowing them to be individually identified. A huge magnet system bends the paths of charged particles so that their momentum can be measured. And if we glue some of the data together, astonishingly, we can make music with it, which does seem to be a similar sound like that of the mysterious “hum” if you ask me.

Can we truly say that this 27 km-long atom smasher has the possibility to create remarkable artificial effects that are an almost perfect copy of natural events? Well, if we let two protons collide, they will turn into two photons, and each would have a photonic energy of 6.5 TeV and a frequency of 1.57×10^{27} hertz = 1612.39 Hz or 1.61239 kilohertz.

The human body is made up from atoms. For a typical human of 70 kg (154 pounds), there are almost 7×10^{27} atoms. (That is a 7 followed by 27 zeros.) Another way of saying this is “seven billion billion billion.”

Of this, almost 2/3 is hydrogen, 1/4 is oxygen, and about 1/10 is carbon.

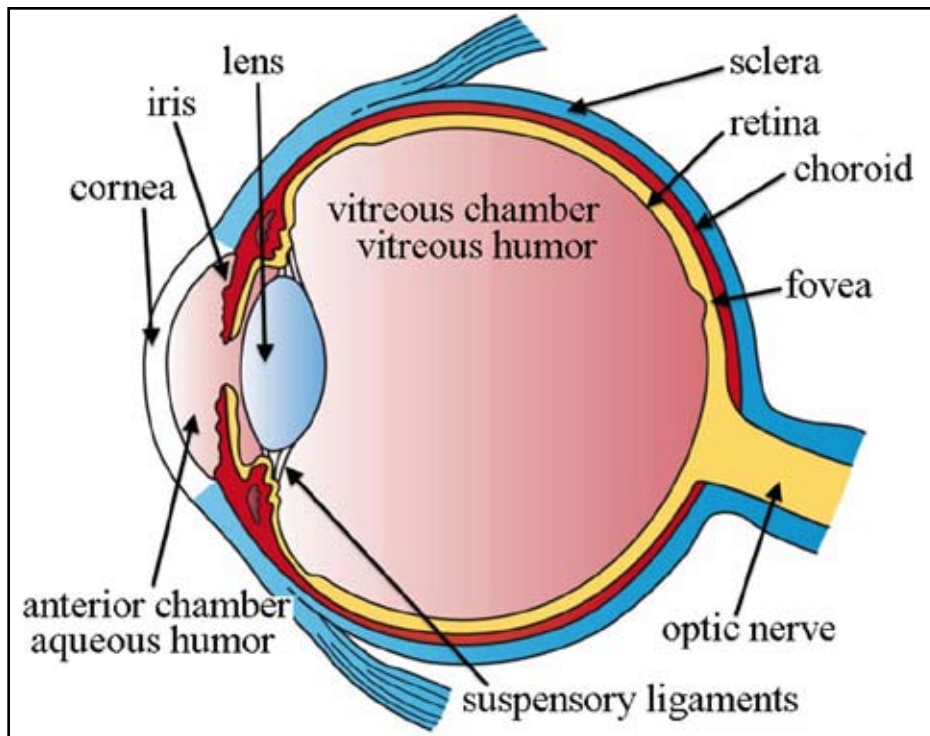
Each atom contains three small subatomic particles — protons, neutrons, and electrons. Now when there is a possible chance for the protons in the human atoms to collide and produce ultrasonic frequencies, the possibility of this frequency being converted into energy by the claustrum, releasing excited electrons, could create a booming effect in the brain. Or plural Big Bangs.

However, by means of the observation problem, a crazy effect in a visible distortion could occur that, in turn, provides your brain to register this effect of electromagnetic fields, which perhaps contain natural glueballs, and convert (translate) it all into a shadowy response or a distortion in pareidolia that then may create an unrecognizable, scary figure.

Is There a Natural Explanation for Shadow People?

Within this idea, let’s go a step further. What if the retina cones (located in the back of your eyes) are activated in a strange manner after the optic nerve has functioned as a bridge for the high amount of energy created by the claustrum, releasing the excess energy (electric pulses) in the fluids of the human eye, which then causes vibrations within the fluids of the eyes?





When these vibrations act in an abnormal pattern, a possibility of these vibrations turning into a so-to-speak “standing wave” in the fluids of the eye could be realistic as soon as these vibrations bounce off of the back of the lens and reflect on themselves.

When you experience these eerie moments during sleep paralyzes, your mind and body enter a state of stress. Due to stress, the iris is widening in order to capture as much light as it can for you to be aware of every movement in your surroundings. In this, you can think of situations like fleeing or fighting.

Now, even if you are in a dark environment, there are always these invisible wavelengths, such as infrared and ultraviolet, that are supposed to be invisible to the human eye. But under certain conditions, it is possible for us to see otherwise invisible infrared light. If a process as such is a plausible fact, an effect in a visible distortion then has the ability to occur. This, in turn, provides an opportunity for the brain to register this effect in electromagnetic fields that perhaps contains gluons, and it converts (translates) it all into a shadowy response or a distortion in pareidolia that then may create an unrecognizable shadowy figure.

Researchers, co-led by scientists at Washington University School of Medicine in St. Louis, found that when laser light pulses rapidly, light-sensing cells in the retina sometimes get a double hit of infrared energy. When that happens, your eyes are able to detect light that falls outside the visible spectrum.

Does the eye instantly protect the retina cones by converting the radiation of the UV beams into polarized light? Normally, a particle of light, called a photon, is absorbed by the retina, which then creates a light-sensitive molecule called a photo-pigment, which begins the process of converting electromagnetic energy of photons into vision.

In standard vision, each of a large number of photo-pigments absorbs a single photon. But packing a lot of photons in a short pulse of the rapidly pulsing laser light makes it possible for two photons to be absorbed at one time by a single photo-pigment. The combined energy of the two light particles is enough to activate the pigment and allow the eye to see what normally is invisible.

Returning to Vic Tandy, after witnessing his wobbling sword, he learned that a new fan had been installed in his laboratory, and sure enough, it was issuing vibrations of about 19 Hz. Since our eyes have a resonant frequency around 20 Hz, the infrasound was vibrating Tandy’s eyes and creating images that weren’t really there with him in the laboratory.

It is widely believed that these kinds of vibrations are responsible for paranormal activity in “haunted” locations. This could explain the some of the ghostly figures and creepy footsteps in particular areas.

If infrasound is able to create this “ghostly phenomenon” and has the possibility of influencing your mobility, thoughts, and even your sight, can we then state that Tandy was right with naming this effect “The Ghost in the Machine”?

Pushing it all even further beyond the boundaries, think of the brain as being a “black hole,” the body as “the machine,” and cellular memory as the “ghost” in this theory.

Nicola Tesla said, “If you want to find the secrets of the Universe, think in terms of energy, frequency, and vibration.” So, energy, standing waves reflecting and creating distortions in the liquid in your eyes and radiating UV light swirling in electromagnetic fields ... are these the ingredients of a “holy trinity” of the shadow people phenomena?

If so, these eerie shadows with a strange form of density are truly among us! ♦

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A Very Close Alien Encounter

By Philip Shepherdson

Sir Winston Churchill wrote in 1952: “What does all this stuff about flying saucers amount to? What can it mean? What is the truth?” Little did I know that soon I too would have my own enigma to deal with.

It was a crisp February morning in 1979, and my newly built scooter ran smoothly along the twisting country lanes near Easingwold (near York, North Yorkshire, England). As I turned left toward Huby, my personal world seemed to abruptly switch off into a hushed silence.

I looked to my left, and my heart flipped at what I saw. Hovering in a corner of a small field was a black triangular-shaped object. I stopped to get a better look not believing what I was seeing. The object was smooth with no control surfaces and no sharp edges, and at the top was a cockpit with a figure inside it. All I could see was a black-shaped helmet and a black overall of some kind.

By the side of the craft I now realized there were two more slim-looking figures who also wore black overalls, and they were trying to push the vehicle into the next field, perhaps to conceal it amongst the standing crop.

They abruptly stopped to look in my direction; the cockpit figure also turned to gaze at me. I felt transfixed with fear. I was shaking. The silence was stifling as we gazed at each other. I felt some form of contact taking place, but I just don't know what that was. Time appeared to stop.

Suddenly, my mind couldn't take anymore, and I got on my bike and took off to work. I don't remember getting there; in fact, everything after that seemed surreal. I appeared to forget the experience as if told that this was something I shouldn't have witnessed.

What struck me at the time was this was nuts-and-bolts technology — no fuzzy lights with a smudgy image. I freaked at the fact that an aircraft floating like a silent kite

with not a blade of grass out of place and without jets was way beyond our technology!

My nightmares didn't start right then, but I was given the impression that WW3 was very close at hand, and “for my own safety,” I was to join a military establishment. Frankly, I have hated anything official — but the Royal Observer Corp was looking for recruits. At York, which was a major Control Centre, they had sections consisting of Crew One, Two, and Three, and the latter, Crew Three, suited my requirements precisely: They worked



**Illustrated above is an artist's impression of Philip's alien encounter.
(Illustration by Daniel Ramirez)**

hard and played hard. Only military personnel can appreciate what that means: You make firm lifelong friends, and I gained many. And let's face it — this was the height of the Cold War, and if an imminent WW3 developed, you would need them.

The York area suddenly became a UFO hotspot, with puzzling crop circles suddenly appearing as well. It looked as if something was about to happen.

I appeared as a scientist investigator on Arthur C.



Pictured above, Philip visits the site of his alien encounter, where he saw a black triangular-shaped object hovering above the field.

Clark's *Mysterious World* program regarding York's crop circles. At the time of my sighting, many more were witnessed. A UFO was spotted in the Rossendale Valley near Todmorden around 2 a.m. and was then tracked to Blackpool, where a guard at Blackpool Pier claimed it could have gone in and then came out of the sea when chased by military jets.

At 3.30 a.m., a man driving to Easingwold (near Huby) claimed a black triangular-shaped object flew alongside his car. "It had an orange light in the center, and there were lights all around it. Then it shot off at great speed into the sky."

Then, at approximately 8 a.m., my own experience took place. I had to find out more. Going back to my field near Huby, I walked across the small field to where "my UFO" had landed. What I found strange was that there was a bald triangular-shaped patch where nothing had grown, and for many years afterwards that continued to be so.

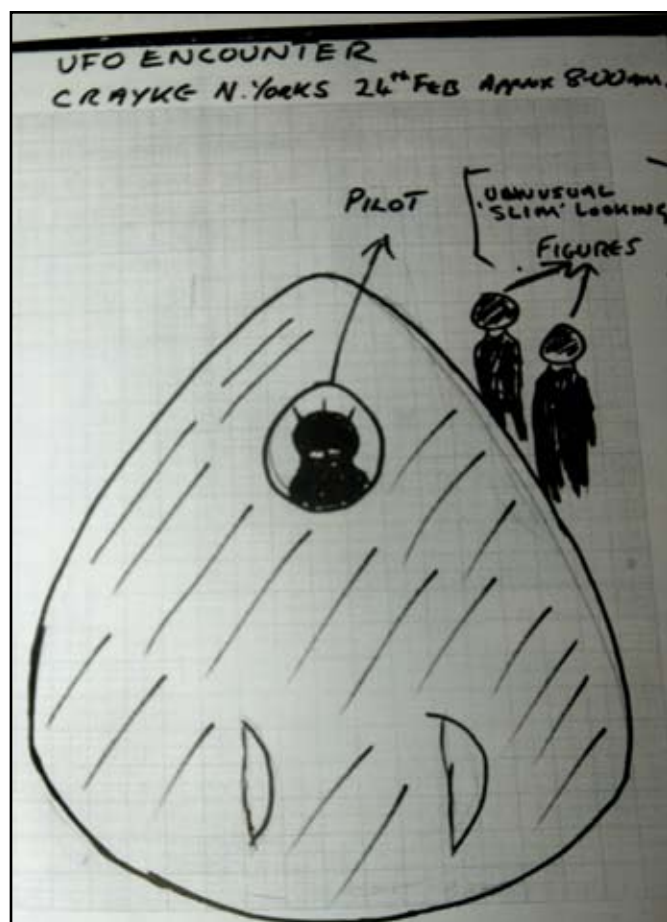
Then misfortune struck me when I had a motorcycle accident that left me concussed. However, it seemed to have triggered deep unconscious memories that began to trickle into my dreams: they were nice to start, but then I began to have horrific nightmares.

My first nightmare was being held in a dentist-like chair with a masked face bearing down on me. Black eyes appeared to sooth my senses, and then I witnessed a laser swan-like instrument being used upon my upper face and body. The next nightmare consisted of being in a dark cavern-like room; the only illumination came from an oval-shaped window above my head. I appeared to be on a soft-to-the-touch leatherette slab.

Also about this time, my life appeared out of synch with the time of our world. A classic case was where a girlfriend of mine ditched me for being an hour late, yet I had arrived on time by my watch. The fact that I had gone to a previous meeting in perfect time added to this mystery; a displaced missing hour, out-of-time mystery.

I was lucky enough to obtain brief counseling with none other than Dr. John Mack, professor of psychiatry at Harvard Medical School, who became an expert on alien abduction. He appeared very impressed with my case and included it in one of his England lectures. Trying to get rid of my demons and have closure, I spent some years writing my novel *EarthZoo*. This is purely science fiction, but fact and fiction can be extremely blurred!

My nightmares became relentless until I knew I



During Philip's UFO encounter, he saw three slim beings in overalls.

needed help, but from where? With the help of a spiritual healer who gave me regressive therapy, more disturbing memories surfaced but were now controlled due to my guiding friend.

Further from my dentist-chair experience, I now appeared walking — or more aptly hopping (due to a feeling of weak gravity) along winding corridors that held Gothic-like archways. Abruptly, I reached a cave-like small room that held a weird triangular table. It had uneven odd-shaped legs and should have fallen over, but it was held in perfect balance by an unseen force. There was a box upon the table that had a lens on top. At my approach, it flickered into life, and through the lens I saw what I assumed was our sun — but it had a luminescence-like ring around its inner core that behaved like a skipping rope.

I gained the impression this was paramount for our solar welfare yet totally unknown to our science at this time. Suddenly, the view changed and I gazed at close quarters upon our home galaxy festooned with bright, tiny, multicolored dots — all suns in their own right.

My line of sight was along our galactic arm, but at (by rule of thirds) 35,000 light-years, there appeared behind our

galactic center (and therefore invisible to us) a smaller “Z”-shaped, bar-like galaxy. I awoke in a cold, fearful sweat.

Luckily my spiritual friend first gave me a brandy to ease my shredded nerves and then valued words of advice: “We reside in many altered states of consciousness, and so treat your experiences as such. Whether these are mere dreams or past interwoven memories, allow them to be as guides of enlightenment toward truth; there is nothing to be afraid of anymore.”

His words gave me extreme peace and still do even to this day. However, more trapped memories surfaced whilst writing this article. My last sessions with my healer were very enigmatic indeed. So much so that fearing ridicule if I attempted to scientifically clarify what I am about to reveal, I have left this to the last. It also unnerves me due to its importance.

I am regressed back inside my UFO craft where a solid wall becomes transparent, revealing a solid mass of multicolored stars. I am not alone this time. By my side there is a humanoid figure about the same height as myself, but my focus is outside.

Abruptly, but without any sense of feeling the motion of speed, we are chasing a small red disc at tremendous velocity. It plunges deep into our Earth's atmosphere, and suddenly we are flying at tree height through a forest-type jungle. I gain the impression that this is subtropical — perhaps Australian bush land.

Suddenly, we stop, and close by in front of us is a strange pineapple-shaped tree. I gain the impression that this is extremely important to them and they have come here to collect samples. Apparently, this is the first tree type/plant type that evolved here on our planet. I cannot comment here because I am scientifically completely ignorant regarding what I have witnessed.

I am now completely exhausted both physically and mentally, and my healer allows me to rest. It is our last session together; I inform him that I have had enough!

I can give no logical explanation to my story but hopefully catalogue this strange narrative for reference amongst the many other UFO experiencers. We all give witness to this enigma of the UFOs that appear to be examining our world — let's hope with benign intentions.

Appeal for Other Witnesses

I know it's been a long time since my encounter, but I would like to take this opportunity to appeal for other possible witnesses to this event to come forward. I have often wished that I had approached the farmer on whose land this happened, but I never did.

Who knows — perhaps there is someone out there who saw “my UFO” and waited all this time to say something. ♦

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'Jadrian (Sectors New Allies Series Book 3)'

By Veronica Scott

Q&A by Michelle M. Pillow, MichellePillow.com

Science fiction romance author Veronica Scott, grew up in a house with a library as its heart. Her dad loved science fiction, her mom loved ancient history, and Veronica thought there needed to be more romance in everything. When she ran out of books to read, she started writing her own stories.

She is the "SciFi Encounters" columnist for the *USA Today* "Happy Ever After" blog and can be heard in the part of Star Trek Crew Member in the audiobook production of Harlan Ellison's *The City On the Edge of Forever*. She is the seven-time winner of the SFR Galaxy Award, as well as a National Excellence in Romance Fiction Award. Veronica is also the proud recipient of a NASA Exceptional Service Medal relating to her former day job.

Her newest book *Jadrian (Sectors New Allies Series Book 3)* is now in stores. We recently talked with Veronica about her work.

* * * * *

Q: In your book *Jadrian*, your hero is a genetically engineered soldier. What inspired you to create such a character?

Veronica: I've always loved the trope of the genetically engineered warrior and have been a fan of the Lora Leigh *Breeds* series and the Laurann Dohner *New Species* series, both centering around genetically engineered soldiers. I can't ever get enough of those stories!

So I decided to challenge myself to write my own novels with genetically enhanced warriors as the heroes (for the most part — there are a few human Sectors Special Forces guys appearing in the books). There's also the



Veronica Scott is a seven-time winner of the SFR Galaxy Award, as well as a National Excellence in Romance Fiction Award. She is also the proud recipient of a NASA Exceptional Service Medal relating to her former day job, not her romances!

question of the Badari (as my warriors are named) having ancestral memory — or so they believe — telepathy, and a goddess who may or may not intervene at times. So many elements to utilize in the story telling!

Q: Why do you think readers, and society in general, are fascinated by the paranormal?

Veronica: I think we all like to believe that there are things beyond scientific explanation and that what we see is not “all there is.” It’s one of the threads I weave into all my science fiction novels, because I want a balance of mysticism to offset the hard science and technology of the far future.

Q: Do you believe in the supernatural?

Veronica: Oh, I definitely believe in certain supernatural elements. Angels, ghosts, premonitions (dreams, feelings, use of tarot cards by talented individuals ,for example) would probably be my top three that I firmly believe do exist.

I also have a healthy respect for not disturbing the dark forces that exist in the world.

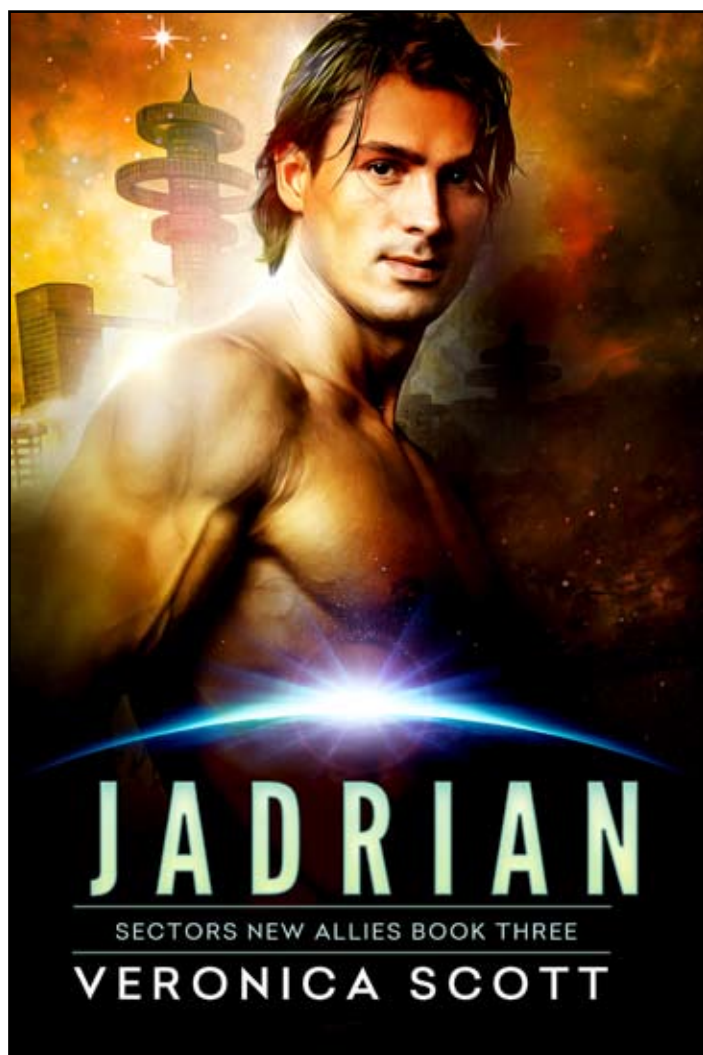
Q: Have you ever had a paranormal experience?

Veronica: We have “the sight” running in my family on the Irish side, and I’ve had a few premonitions that later came true — nothing big, but personal events. There have been some inexplicable happenings along the way. I’ll give you one for instance.

The day before I was to fly out of town on a business trip, as I’d done many times before, I had the premonition I was going to die. I knew this deep in my bones. I was positive it would happen in a plane crash, although the foreknowledge wasn’t specific. Well, obviously, none of the flights I had to take to the meeting crashed, so when I got to the hotel I relaxed.

The next morning at breakfast I choked on food, air intake completely cut off, and had to show the person with me how to do the Heimlich maneuver as I was losing consciousness. No one else in the restaurant knew what to do, and he — a very large, strong man — had to perform the maneuver 14 times before the blockage dislodged. The doctor later told me I came within seconds of brain death.

Would I have been calm enough to know what was happening and to direct someone how to perform the Heimlich maneuver (which I only know because I saw Dr. Heimlich perform it on the *Today* show decades ago!) before I passed out if I had not had the premonition that I might die on this trip? I don’t know.



“Taura Dancer has been pushed to her limits by alien torturers, known as the Khagrish, and is ready to die — when suddenly the lab where she’s held as a prisoner is taken down by an armed force of soldiers. The man who rescues her from a burning cell block is Jadrian of the Badari, a genetically engineered alien warrior with as many reasons to hate the Khagrish as Taura has.”

Q: What kind of paranormal creatures do you NEVER want to meet?

Veronica: Vampires of the Dracula or Stephen King type or demons. They can’t be reasoned with or fought effectively (at least in a lot of fiction), and they’re scary smart. Zombies you can fight or escape, even if you can’t reason with them!

In either situation, I’d want a trusted group of friends or allies to be there with me so we could do our best to watch each other’s backs, defeat the enemy, or escape to fight another day and sound the warning to others.

Q: If given the chance, would you become an alien test subject?



Veronica was named as an SFR “Trailblazer” by *SFR Quarterly*; she was serenaded by Elvis Presley’s best friend during a local TV telethon; and she had to teach a friend to perform the Heimlich maneuver in a crowded restaurant, on her, while she was choking, unable to speak and within 90 seconds of dying!

Veronica: The humans in Jadrian have been kidnapped from their colony to be used as the subjects of experiments. I would not want to be one because of the near impossibility of escape or rescue, not to mention the fact the aliens could do anything and everything they wanted TO you.

Luckily for my human characters, Jadrian and his fellow Badari warriors are in the right place at the right time to help them escape and fight back.

Q: What does the future hold for Jadrian and the other Badari warriors?

Veronica: This is a long-running series since readers seem to enjoy the stories as much as I love writing them. I just sent the next book to the formatter and have two more in the works already. I do have the eventual last book in the series arc in my head, but in the meantime I’m having too much of a good time building out the world and the situation.

I definitely challenge myself to tell a new adven-

ture in each book of the series — not repeat the same plot points every time. The humans and the Badari will continue to fight the alien scientists, and there will be surprises.

I have other science fiction plots in mind, outside this series, set back in the interstellar civilization, but I can only write so fast!

Q: If you could time slip to any year, when would you go?

Veronica: Assuming I wasn’t going to stay, I would like to visit the Titanic on April 14, 1912, although it would, of course, be quite bittersweet and poignant, knowing the eventual fate of the ship. Frustrating too, since by the rules of time travel, I couldn’t do anything to avert the tragedy.

No hints to the captain about the icebergs ahead, no remarks to Officer Lightoller about how many people a lifeboat could actually hold, no advance warning to poor Mrs. Allison in First Class that her baby was going to get off the ship with his nurse on an early lifeboat so it would be OK for her and her little daughter to take a later lifeboat ... no way to ask the Marconi operators to be sure all the ice warn-

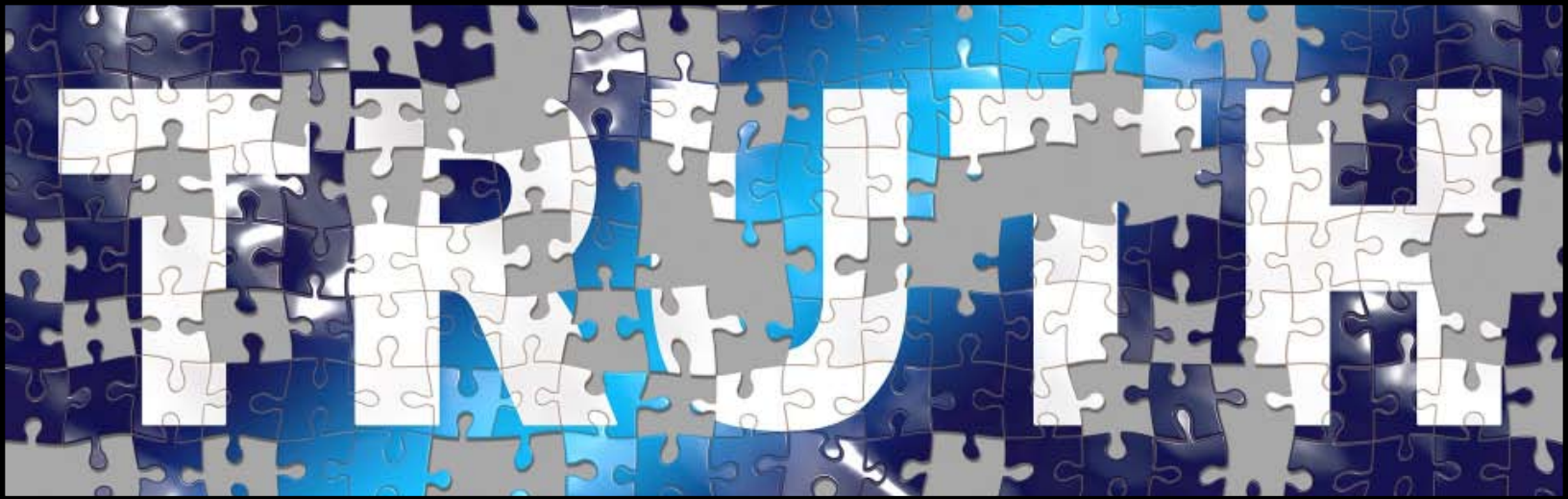
ings get to the bridge!

I’d want to explore the ship for myself, see the Grand Staircase, hear the musicians playing, visit Third Class, look at the lifeboats ... I’d want to attend the final elegant dinner in First Class, spend time with the famous passengers in their last few carefree hours, so I could preserve some happy memories of them.

I’d want to see it ALL, you know? (And I’d sneak a tea cup into my voluminous pocket.) I’d leave right after the ship struck the iceberg, because I would not feel right about watching all those people go to their deaths in the icy sea, especially since there’s nothing I could do to help in the midst of such tragedy.

* * * * *

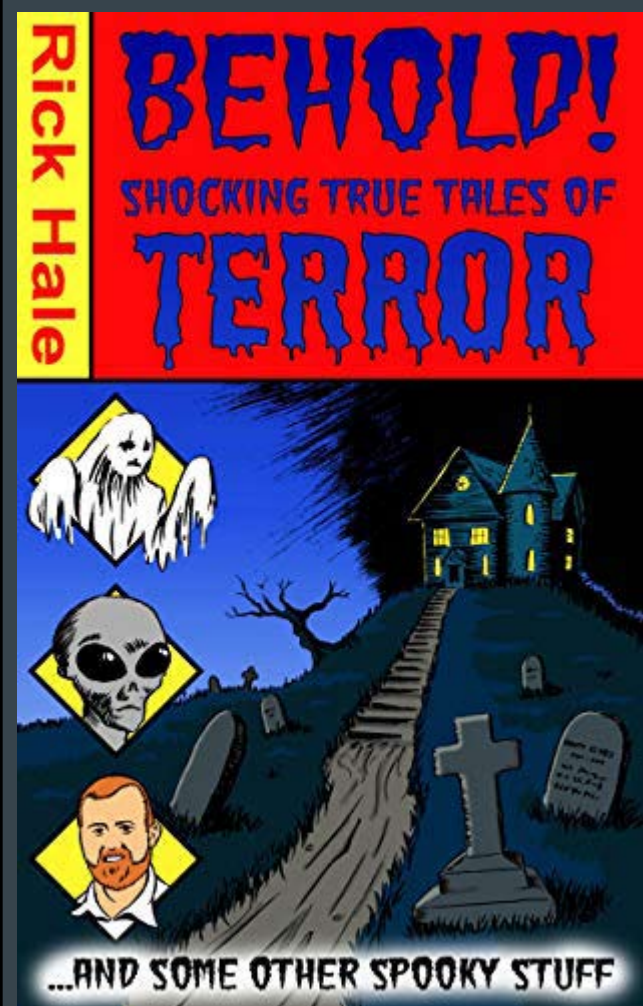
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